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# Appendices

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Appendix I: Methodology ..... 166

Appendix II: Telephone Survey Results,  
2010..... 169

Appendix III: Face-to-Face  
Survey Results, 2010 ..... 187

# Appendix I: Methodology

## Quality of Life Indicators

The community assessment model relies on quality of life indicators as the primary measures to illustrate the status of a system or issue that might otherwise be too large and complex to understand. As an example, we might ask ourselves, “Do people have adequate access to health care?” Increased use of the emergency department for non-emergency purposes could be an indicator that they do not.

For the purposes of this project, the San Joaquin County Community Health Assessment Collaborative met in September 2004 and developed over fifty-five quality-of-life indicators. The committee was represented by a rich mixture of professionals and advocates, all of whom were experts in the respective areas under review. The group used special criteria to develop the quality of life indicators used for this project. These criteria stipulated that indicators need to be understandable to the general user and the public, respond quickly and noticeably to real changes, relevant for policy decisions and available annually. In 2009, all of the original indicators were reviewed for relevancy and additional indicators and sources were added.

## Primary Data

Measures of community progress depend upon consistent, reliable and scientifically accurate sources of data. One of the types of data gathered for this project is primary (original) data. The primary data were obtained from a telephone survey and a face-to-face survey of San Joaquin County residents. There is much to be learned from people’s perceptions of their community, especially when those perceptions contradict the empirical evidence about its conditions. For instance, crime rates may be going down while perceptions of danger are going up.

### Telephone Survey

In August 2010, Applied Survey Research conducted a telephone survey, in both English and Spanish, with over 430 randomly selected county residents. The intent of the survey was to measure the opinions, attitudes, desires and needs of a demographically representative sample of the county’s residents.

### *Telephone Sample Selection and Data Weighting*

Telephone contacts were attempted with a random sample of residents 18 years or older in San Joaquin County. Surveys were completed with 431 respondents in the county, and each completed survey took an average of 12 minutes. In addition to landlines, in 2010, cell phone users were also contacted. The survey sample was pulled from wireless-only and wireless/land-line random digit dial prefixes in San Joaquin County. All cell phones were dialed manually (by hand) to comply with Telephone Consumer Protection Act (TCPA) rules. Respondents were screened for geography, as cell phones are not necessarily located where the number came from originally.

Data from the survey were “weighted” to better reflect the number of male and female respondents. Data weighting is a procedure that adjusts for discrepancies between demographic proportions within a sample and the population from which the sample was drawn. For example, within the survey the sample was 67% female and 33% male, whereas the population in San Joaquin County is evenly split between the two genders. When the data are weighted to adjust for the over-sampling of females,

answers given by each female respondent are weighted slightly downward, and answers given by each male respondent are weighted slightly upward, thus compensating for the disproportionate sampling.

### *Telephone Sample Representativeness*

We are 95% confident that the opinions of survey respondents do not differ from those of the general population of San Joaquin County by more than +/- 4.7%. This “margin of error” is useful in assessing how likely it is that the responses observed in the sample would be found in the population of all residents in San Joaquin County if every resident were to be polled.

### *Face-to-Face Community Survey*

In addition to the telephone surveying, trained community volunteers went into the community in August and September 2010 and distributed surveys to residents and selected groups and organizations throughout the county. Self-administered and face-to-face surveys were conducted, which averaged about seven to ten minutes in length. Face-to-face surveys enabled the project to reach those groups that may have been under-represented in the telephone survey including those who do not have a telephone, live in rural areas, may have disabilities, lower incomes and difficulty with their non-native language, including the Hmong community. A total of 1,950 face-to-face surveys were collected at different locations throughout the county including community agencies such as First 5 and community health fairs.

## Secondary Data

Secondary (pre-existing) data were collected from a variety of sources, including but not limited to: the U.S. Census; federal, state and local government agencies; academic institutions; economic development groups; health care institutions; and computerized sources through online databases.

### *American Community Survey*

The American Community Survey is a survey conducted by the U.S. Census Bureau in every county, American Indian and Alaska Native Area, and Hawaiian Home Land. It provides communities every year the same kind of detailed information previously available only when the U.S. Census Bureau conducted a population census every 10 years. This gives communities and population groups a dynamic picture of changes throughout the decade.

### *California Health Interview Survey*

The California Health Interview Survey (CHIS) is the largest health survey of its kind in the nation and the largest telephone survey in California, interviewing one randomly selected adult in over 55,000 households. The survey reached over 5,000 adolescents (ages 12–17) and, through interviewing their parent, over 12,000 children under age 12. The major areas covered in the survey include health-related behaviors, health insurance coverage, health status and conditions and access to health care services. To ensure diverse populations were included in the survey, telephone interviews were conducted in six languages: English, Spanish, Chinese (Mandarin and Cantonese dialects), Vietnamese, Korean and Khmer (Cambodian).

### *California Healthy Kids Survey*

The California Healthy Kids Survey (CHKS) is an anonymous, confidential student report of attitudes, health risk behaviors, and protective factors. The survey gathers information on behaviors such as physical activity and nutritional habits; alcohol, tobacco, and other drug use; school safety; and environmental and individual strengths. Used by California schools since 1997, the CHKS consists of age-appropriate survey instruments for students in grades 5, 7, 9, and 11 and is designed in a flexible, modular format that can be customized to meet local district needs. The CHKS is intended for use in planning and evaluating student support programs, primarily alcohol, tobacco, other drug, and violence prevention programs.

### *Healthy People 2010 Objectives*

The Healthy People 2010 Objectives are a set of health objectives for the nation to achieve over the first decade of the new century. Many different people, states, communities, professional organizations and others can use the objectives to help develop programs to improve health.

Healthy People 2010 goals build on initiatives pursued over the past two decades including *Healthy People 2000: National Health Promotion and Disease Prevention Objectives* developed by the United States Department of Health and Human Services. The goals of these initiatives were to establish national health objectives and serve as the basis for the development of state and community plans. Like its predecessors, Healthy People 2010 was developed through a broad consultation process, built on the best scientific knowledge and designed to measure programs over time.

### *Additional Data to Support or Refine Your Work*

The information in this report is intended for use in your own services and products, including other reports and proposals, and as a baseline for performance systems. Data in this report can be mixed and matched to help agencies determine their clients' needs.

## Appendix II: Telephone Survey Results, 2010

### 1. Which of the following areas do you live closest to?

Response	Frequency	Percent
Stockton	207	48.5%
Tracy	55	12.8%
Manteca	54	12.7%
Lodi	51	12.0%
Ripon	14	3.2%
Escalon	17	4.0%
Lathrop	7	1.6%
Woodbridge / Acampo	5	1.1%
Linden	11	2.6%
Victor / Lockeford / Clements	5	1.1%
Thornton	0	0.0%
Mountain House	2	0.5%
Total	427	100.0%

### 3. How satisfied are you with your overall quality of life?

Response	Frequency	Percent
Very	247	58.6%
Somewhat	162	38.4%
Not at all	13	3.0%
Total	421	100.0%

### 4. Do you feel you are economically or financially better off this year as compared to last year?

Response	Frequency	Percent
Yes, better off	91	21.2%
No, not better off	215	50.0%
The same	124	28.8%
Total	429	100.0%

4a. Why do you feel this way?

Response	Frequency	Percent
Less income	71	33.3%
Unemployed	69	32.7%
Overall economy has dropped / recession	65	30.5%
Cost of living increased	60	28.4%
Additional expenses / debt	32	14.9%
More taxes	31	14.6%
Health insurance expenses	24	11.3%
On a fixed income (i.e., social security, welfare, student)	23	11.0%
Gas prices	22	10.3%
Businesses are closing / lay offs	19	8.9%
Utility costs / energy crisis	18	8.5%
Stock market / investments	17	7.8%
Divorce / single parent	5	2.1%
Other	17	8.2%

Multiple response question with 212 respondents offering 472 responses.

5. In any given month, do you or your family have to go without basic needs such as food, housing, child care, health care, or clothing?

Response	Frequency	Percent
Yes	77	17.9%
No	351	82.1%
Total	428	100.0%

5a. What do you go without?

Response	Frequency	Percent
Food	38	49.1%
Health care	36	47.0%
Clothing	29	38.1%
Dental Care	28	36.3%
Prescriptions	17	21.6%
Broad food choices or varieties of food	12	15.6%
Rent / housing	9	11.7%
Child care	8	9.8%
Other	2	2.9%

Multiple response question with 77 respondents offering 178 responses.

6. Is the amount of money you use to pay for housing, including utilities, such as gas and electricity . . . ?

Response	Frequency	Percent
Less than one-third of your income	104	27.1%
Between one-third and one-half of your income	154	39.9%
More than one-half of your income	128	33.1%
Total	386	100.0%

7. Have you been without housing in San Joaquin County during the past year? (Homeless, in a shelter, on the street, or living in your vehicle)?

Response	Frequency	Percent
Yes	28	6.5%
No	402	93.5%
Total	430	100.0%

8. Is anyone staying at your address on a temporary basis who otherwise might be considered homeless?

Response	Frequency	Percent
Yes	47	10.9%
No	384	89.1%
Total	431	100.0%

9. Would you say that in general, your overall health is:

Response	Frequency	Percent
Excellent	56	13.1%
Very good	123	28.8%
Good	136	31.8%
Fair	72	16.8%
Poor	41	9.5%
Total	427	100.0%

10. Have you needed health care in the last 12 months?

Response	Frequency	Percent
Yes	247	58.0%
No	179	42.0%
Total	427	100.0%

10a. Were you able to receive the health care you needed?

Response	Frequency	Percent
Yes	220	89.3%
No	26	10.7%
Total	246	100.0%

10b. This is a list of reasons why some people are unable to receive health care. Please tell me which reasons apply to you:

Response	Frequency	Percent
No insurance	20	77.2%
Could not afford it	10	39.8%
Couldn't afford co-pay	9	34.0%
Insurance would not cover it	7	28.3%
Lack of services or services unavailable	7	28.5%
Unable to find doctor to accept insurance	6	22.7%
Transportation issues	6	22.7%
Changed employer or lost job	6	22.8%
Didn't know where to go	4	17.0%
Couldn't get a timely appointment	4	17.0%
Unable to communicate due to language differences or barriers	3	11.3%
Didn't know what steps to take to get health care	2	8.5%
Unable to understand the telephone instructions to make an appointment	1	2.8%
Other	0	0.0%

Multiple response question with 26 respondents offering 87 responses.

10c. What type of health care did you go without?

Response	Frequency	Percent
Basic care or routine care	13	52.8%
Dental	13	49.5%
Preventive care or annual exams	11	43.9%
Specialized care; specializing in a disease or condition	10	38.1%
Mental Health; counseling or other help	4	14.6%
Alternative; homeopathic, acupuncture or a Curandera	4	14.6%
Prenatal	1	2.9%
Other	7	26.6%

Multiple response question with 25 respondents offering 62 responses.



11. During the past 12 months, did you either delay or not get a medicine that a doctor prescribed for you?

Response	Frequency	Percent
Yes	76	17.7%
No	352	82.3%
Total	428	100.0%

12. Do you have health insurance?

Response	Frequency	Percent
Yes	347	80.7%
No	83	19.3%
Total	430	100.0%

12a. Does your health insurance cover prescriptions, either full or partial coverage?

Response	Frequency	Percent
Yes	326	95.6%
No	15	4.4%
Total	341	100.0%

12b. Does your health insurance cover treatment for substance abuse, such as alcohol and drugs?

Response	Frequency	Percent
Yes	114	64.0%
No	64	36.0%
Total	178	100.0%

12c. Does your health insurance cover preventive care or annual exams?

Response	Frequency	Percent
Yes	298	93.6%
No	20	6.4%
Total	318	100.0%

12d. Do you also have additional health insurance coverage for long-term care, such as a nursing home?

Response	Frequency	Percent
Yes	78	25.2%
No	231	74.8%
Total	309	100.0%

12e. Do you also have additional health insurance coverage for dental care?

Response	Frequency	Percent
Yes	204	59.8%
No	137	40.2%
Total	341	100.0%

13. Do you have children living with you under the age of 18?

Response	Frequency	Percent
Yes	165	38.3%
No	266	61.7%
Total	431	100.0%

13a. How old are they?

Response	Frequency	Percent
0 - 4 years old	65	40.0%
5 - 11 years old	97	59.5%
12 - 17 years old	91	55.8%

Multiple response question with 163 respondents offering 254 responses.

13b. Do your children have health insurance?

Response	Frequency	Percent
Yes	158	95.9%
No	7	4.1%
Total	165	100.0%

13c. Do your children have dental insurance?

Response	Frequency	Percent
Yes	139	85.6%
No	23	14.4%
Total	163	100.0%

13d. Do your children get annual health exams?

Response	Frequency	Percent
Yes	145	90.1%
No	16	9.9%
Total	160	100.0%

14. When you need health care, where do you go?

Response	Frequency	Percent
A private doctor	278	65.0%
Medical clinics, or medical centers, or community health	136	31.8%
Emergency room or hospital	93	21.8%
Urgent care clinics or walk-in clinics	59	13.7%
Haven't needed care	17	3.9%
Alternative caregivers	11	2.6%
School-based health centers	7	1.6%
Other	3	0.7%

Multiple response question with 427 respondents offering 603 responses.

15. Do you use the emergency room for your main source of health care? This would be for illness, as well as for emergencies.

Response	Frequency	Percent
Yes	78	18.3%
No	349	81.7%
Total	427	100.0%

16. Do you travel out of San Joaquin County for health care?

Response	Frequency	Percent
Yes	60	14.0%
No	372	86.0%
Total	432	100.0%

16a. If yes, was it because you:

Response	Frequency	Percent
Prefer a doctor in another county	36	60.0%
Referred to another provider by your family doctor	24	39.9%
Needed women's health treatment	14	23.5%
Needed pediatric care	12	19.8%
Needed orthopedic care	11	18.8%
Use health care closer to your job	10	16.1%
Needed mental health treatment	9	15.0%
Needed cardiology specialty care	6	10.0%
Needed diabetic treatment	5	8.6%
Needed oncology treatment	4	6.2%
Needed substance abuse/alcohol treatment	2	2.5%
Needed geriatric treatment	1	1.2%
Other	5	8.8%

Multiple response question with 60 respondents offering 139 responses.

17. Do you receive preventive care such as annual exams?

Response	Frequency	Percent
Yes	317	74.4%
No	109	25.6%
Total	426	100.0%

17a. If no, why not?

Response	Frequency	Percent
No insurance	47	49.5%
Insurance would not cover it	11	12.1%
Couldn't afford it	10	10.4%
Transportation issues	3	3.1%
Didn't know where to go	2	2.4%
Unable to communicate due to language differences / barriers	1	0.8%
Didn't know what steps to take to get health care	1	0.8%
Couldn't afford co-pay	1	0.8%
Lack of services / services unavailable	1	0.8%
Could not find a doctor to accept your insurance	0	0.0%
Unable to understand the telephone instructions to make an appointment	0	0.0%
There were waiting lists	0	0.0%
Other	28	29.6%

Multiple response question with 95 respondents offering 104 responses.

18. Has a doctor ever diagnosed you with asthma?

Response	Frequency	Percent
Yes	72	16.6%
No	359	83.4%
Total	431	100.0%

18a. Are you being treated for your asthma?

Response	Frequency	Percent
Yes	37	51.5%
No	35	48.5%
Total	72	100.0%

18b. Has a doctor ever given you an asthma management plan?

Response	Frequency	Percent
Yes	28	41.1%
No	41	58.9%
Total	69	100.0%

18c. Have any of your children been diagnosed with asthma?

Response	Frequency	Percent
Yes	54	33.8%
No	106	66.2%
Total	160	100.0%

18d. Are your children being treated for their asthma?

Response	Frequency	Percent
Yes	42	77.8%
No	12	22.2%
Total	54	100.0%

18e. Has a doctor ever given you an asthma management plan for your children?

Response	Frequency	Percent
Yes	37	68.2%
No	17	31.8%
Total	54	100.0%

19. Has a doctor ever diagnosed you with diabetes or sugar diabetes?

Response	Frequency	Percent
Yes	68	15.8%
No	362	84.2%
Total	430	100.0%

19a. Are you receiving treatment for your diabetes?

Response	Frequency	Percent
Yes	57	84.3%
No	11	15.7%
Total	67	100.0%

19b. Why are you unable to receive treatment for your diabetes?

Response	Frequency	Percent
Cost of supplies	1	7.6%
Lack of health insurance	2	15.6%
Unable to fill prescriptions	0	0.0%
Other	8	76.8%

Multiple response question with 10 respondents offering 10 responses.

19c. Are you able to afford your diabetes medications and supplies?

Response	Frequency	Percent
All of the time	42	66.3%
Most of the time	9	14.5%
Some of the time	8	12.0%
Never	5	7.2%
Total	63	100.0%

19d. How old were you when a doctor first told you that you have diabetes?

Response	Frequency	Percent
Under 21 years old	4	5.7%
21 - 30 years old	9	13.6%
31 - 40 years old	12	18.1%
41 - 50 years old	12	18.1%
51 - 60 years old	16	24.1%
61 - 70 years old	6	9.0%
Over 70 years old	8	11.4%
Total	66	100.0%

19e. Has a doctor ever given you a management plan or instructions on how to treat your diabetes?

Response	Frequency	Percent
Yes	55	80.2%
No	14	19.8%
Total	69	100.0%

20. Has a doctor ever diagnosed any of your children with diabetes or sugar diabetes?

Response	Frequency	Percent
Yes	3	1.8%
No	161	98.2%
Total	164	100.0%

20a. Are your children receiving treatment for their diabetes?

Response	Frequency	Percent
Yes	2	75.0%
No	1	25.0%
Total	3	100.0%

20b. Has a doctor ever given you a management plan or instructions on how to treat your children's diabetes?

Response	Frequency	Percent
Yes	1	50.0%
No	1	50.0%
Total	3	100.0%

21. Would you say that in general, your mental health, which includes stress, depression, and problems with emotions, is

Response	Frequency	Percent
Excellent	117	27.2%
Very good	105	24.4%
Good	128	29.7%
Fair	58	13.5%
Poor	23	5.3%
Total	430	100.0%

22. Have you needed mental health treatment, such as counseling or other help, in the last 12 months?

Response	Frequency	Percent
Yes	49	11.3%
No	383	88.7%
Total	432	100.0%

22a. Were you able to receive the mental health treatment you needed counseling or other help?

Response	Frequency	Percent
Yes	35	72.4%
No	14	27.6%
Total	49	100.0%

22b. Why couldn't you receive it?

Response	Frequency	Percent
Insurance would not cover it	6	50.0%
No insurance	4	31.4%
Couldn't afford it	4	31.4%
Couldn't afford co-pay	4	31.4%
Changed employer or lost job	2	19.0%
Could not find a doctor to accept your insurance	1	12.4%
Transportation issues	1	6.2%
Unable to communicate due to language differences or barriers	1	6.2%
Didn't know where to go	1	6.2%
Lack of services or services unavailable	1	6.2%
There were waiting lists	1	6.2%
Didn't know what steps to take to get health care	0	0.0%
Unable to understand the telephone instructions to make an appointment	0	0.0%
Other	1	12.4%

Multiple response question with 12 respondents offering 26 responses.

23. How long has it been since you last visited a dentist, oral hygienist, or orthodontist?

Response	Frequency	Percent
Have never visited	9	2.1%
1 to 6 months ago	225	52.4%
7 to 12 months ago	39	9.1%
More than one year, up to 2 years ago	63	14.6%
More than 2 years, up to 5 years ago	48	11.2%
More than 5 years ago	45	10.5%
Total	429	100.0%

24. How do you get information about health care?

Response	Frequency	Percent
Doctor / nurse	301	71.4%
Friends or family	190	45.0%
Internet	156	37.0%
Newspapers / magazines	132	31.2%
TV or radio	118	27.8%
Books	107	25.3%
Child's school	49	11.6%
Alternative Health Practitioner (homeopathic or acupuncture)	31	7.3%
Curandera / healer / shaman	6	1.4%
Other	28	6.6%

Multiple response question with 422 respondents offering 1,117 responses.

25. Sometimes you may walk for fun, relaxation, exercise, or to walk the dog. How many times during the last 7 days did you walk for at least 10 minutes for any of these reasons?

Response	Frequency	Percent
None	89	21.1%
1 time	31	7.4%
2 times	46	10.9%
3 times	56	13.3%
4 times	28	6.6%
5 times	33	7.9%
6 times	7	1.6%
7 or more times	131	31.2%
Total	421	100.0%

26. How often do you smoke cigarettes or use smokeless tobacco?

Response	Frequency	Percent
Every day	48	11.2%
Some days	13	3.0%
Not at all	371	85.8%
Total	432	100.0%



27. Considering all types of alcoholic beverages, during the past 30 days, about how many times did you have more than [4 if respondent is female; 5 if male] drinks on one occasion?

Response	Frequency	Percent
0	363	85.0%
1	23	5.3%
2	16	3.7%
3	9	2.1%
4	5	1.2%
5	3	0.7%
8	2	0.4%
12	2	0.4%
15	2	0.4%
30	3	0.7%
Total	427	100.0%

28. How many miles do you have to travel in order to get healthy food like fresh produce such as fruits and vegetables?

Response	Frequency	Percent
Less than 1 mile	172	40.5%
1 - 5 miles	212	49.9%
6 - 10 miles	32	7.6%
11 - 15 miles	2	0.5%
16 - 20 miles	4	0.9%
Greater than 20 miles	2	0.5%
Total	424	100.0%

29. How many miles do you have to travel to get fast food?

Response	Frequency	Percent
Less than 1 mile	201	48.6%
1 - 5 miles	191	46.1%
6 - 10 miles	19	4.6%
11 to 15 miles	1	0.2%
16 - 20 miles	2	0.5%
More than 20 miles	0	0.0%
Total	414	100.0%

30. How many times during the past 7 days have your children eaten fast food (McDonald’s, Wendy’s, Burger King, Taco Bell, Domino’s Pizza, etc.)?

Response	Frequency	Percent
0	66	40.6%
1	57	35.6%
2	21	13.0%
3	8	5.1%
4	5	2.8%
5	3	1.9%
6	1	0.5%
7	1	0.5%
Total	161	100.0%

31. How many times during the past 7 days have you eaten fast food?

Response	Frequency	Percent
0	218	50.7%
1	120	27.9%
2	40	9.3%
3	26	6.0%
4	11	2.5%
5	5	1.2%
6	3	0.7%
7	5	1.2%
8	2	0.4%
9	1	0.2%
Total	430	100.0%

32. How many times during the past 7 days have your children eaten breakfast in the morning times?

Response	Frequency	Percent
0	1	0.5%
1	2	1.0%
2	2	1.4%
3	3	1.9%
4	1	0.9%
5	5	3.3%
6	1	0.9%
7	143	90.1%
Total	159	100.0%

33/34. Body Mass Index in adults

Response	Frequency	Percent
Low BMI (Less than 18.5)	9	2.3%
Normal BMI (18.5 -24.9)	113	28.8%
Overweight (BMI 25.0 -29.9)	158	40.5%
Obese (BMI 30.0 or more)	111	28.4%
Total	391	100.0%

35. How old are you?

Response	Frequency	Percent
16	2	0.4%
18	5	1.3%
19	4	0.9%
20	3	0.7%
21	4	0.9%
22	4	0.9%
23	7	1.6%
24	3	0.7%
25	3	0.7%
26	6	1.4%
27	3	0.7%
28	5	1.3%
29	4	0.9%
30	7	1.6%
31	5	1.3%
32	9	2.2%
33	5	1.3%
34	5	1.1%
35	8	2.0%
36	5	1.1%
37	9	2.2%
38	8	2.0%
39	9	2.2%
40	7	1.6%
41	5	1.3%
42	6	1.5%
43	5	1.1%
44	4	0.9%
45	4	0.9%
46	5	1.3%
47	13	3.1%
48	11	2.5%
49	11	2.7%
50	9	2.2%
51	8	2.0%
52	11	2.5%

53	5	1.3%
54	8	1.8%
55	17	4.0%
56	10	2.4%
57	5	1.1%
58	4	0.9%
59	6	1.4%
60	11	2.6%
61	9	2.2%
62	8	1.8%
63	8	2.0%
64	5	1.1%
65	9	2.2%
66	2	0.4%
67	10	2.5%
68	5	1.3%
69	7	1.6%
70	6	1.5%
71	6	1.4%
72	2	0.5%
73	6	1.4%
74	1	0.4%
75	5	1.1%
76	4	0.9%
77	5	1.3%
78	1	0.2%
79	4	0.9%
80	5	1.1%
81	7	1.6%
82	3	0.7%
83	3	0.7%
84	2	0.5%
85	2	0.5%
86	2	0.5%
87	1	0.2%
88	2	0.5%
89	1	0.2%
90	1	0.2%
94	1	0.2%
Total	416	100.0%

36. Which of the following best describes your ethnic group?

Response	Frequency	Percent
Caucasian	215	50.9%
Hispanic / Latino	123	29.2%
African American	27	6.4%
Filipino	7	1.6%
Pacific Islander	2	0.5%
Asian	24	5.7%
Native American / Alaskan Native	3	0.7%
Multi-ethnic	20	4.8%
Total	421	100.0%

37. Which income range best describes your annual household income?

Response	Frequency	Percent
Less than \$10,000	49	13.1%
\$10,000 to \$19,999	55	14.6%
\$20,000 to \$29,999	56	14.8%
\$30,000 to \$39,999	54	14.4%
\$40,000 to \$49,999	36	9.7%
\$50,000 to \$59,999	20	5.4%
\$60,000 to \$74,999	27	7.2%
\$75,000 to \$99,999	27	7.2%
\$100,000 to \$124,999	19	5.0%
\$125,000 or more	33	8.6%
Total	377	100.0%

38. How many people are in your household?

Response	Frequency	Percent
1	77	18.1%
2	128	30.3%
3	58	13.7%
4	75	17.7%
5	39	9.2%
6	27	6.4%
7	11	2.7%
8 or more	8	1.8%
Total	423	100.0%

39. What is the highest level of education you have completed?

Response	Frequency	Percent
Less than 9th grade	34	8.0%
9th to 12th grade, no diploma	49	11.6%
High school diploma, includes GED or equivalent	83	19.7%
Some college, no degree	109	25.8%
AA degree or higher	48	11.2%
Bachelor's degree	60	14.1%
Graduate or professional degree	41	9.6%
Total	424	100.0%

40. What is your employment status?

Response	Frequency	Percent
Employed full-time	140	33.2%
Employed part -time	35	8.4%
Unemployed	75	17.7%
Retired	108	25.7%
Student	8	1.8%
Homemaker, parent or caregiver	32	7.6%
Self-employed	24	5.6%
Total	421	100.0%

41. How long have you lived in the county?

Response	Frequency	Percent
1 year or less	11	2.5%
1-5 years	45	10.5%
Over 5 years	368	87.0%
Total	423	100.0%

42. Gender

Response	Frequency	Percent
Male	216	50.0%
Female	216	50.0%
Total	432	100.0%

43. Language

Response	Frequency	Percent
English	374	86.5%
Spanish	58	13.5%
Total	432	100.0%

## Appendix III: Face-to-Face Survey Results, 2010

### 1. What is your overall satisfaction with your quality of life?

Response	Frequency	Percent
Very satisfied	952	50.1%
Somewhat Satisfied	850	44.7%
Not at all satisfied	99	5.2%
Total	1,901	100.0%

### 2. Would you say that in general, your overall health is:

Response	Frequency	Percent
Excellent	316	16.4%
Very good	529	27.5%
Good	593	30.8%
Fair	357	18.5%
Poor	132	6.9%
Total	1,927	100.0%

### 3. Have you needed health care in the last 12 months?

Response	Frequency	Percent
Yes	1,091	56.9%
No	828	43.1%
Total	1,919	100.0%

### 3a. If you needed health care during the past 12 months, were you able to receive it?

Response	Frequency	Percent
Yes	753	69.0%
No	338	31.0%
Total	1,091	100.0%

3b. If no, why couldn't you receive it?

Response	Frequency	Percent
No insurance	204	63.6%
Couldn't afford it	93	29.0%
Transportation issues	90	28.0%
Unable to communicate due to language differences / barriers	78	24.3%
Didn't know where to go	40	12.5%
Couldn't afford co-pay	39	12.1%
Unable to understand phone instructions to make an appointment	35	10.9%
Insurance wouldn't cover it	32	10.0%
Changed employer / lost job	24	7.5%
Didn't know what steps to take to get health care	20	6.2%
Couldn't get a timely appointment	11	3.4%
Unable to find doctor to accept insurance	8	2.5%
Other	15	4.7%

Multiple response question with 321 respondents offering 689 responses.

3c. What type of health care did you go without?

Response	Frequency	Percent
Basic care (Routine care)	216	70.8%
Dental	189	62.0%
Preventive care/ annual exams	152	49.8%
Specialist	107	35.1%
Mental Health (counseling or other help)	31	10.2%
Alternative (homeopathic or acupuncture)	15	4.9%
Prenatal	11	3.6%
Substance abuse treatment (drugs / alcohol)	8	2.6%
Other	38	12.5%

Multiple response question with 305 respondents offering 767 responses.

4. Do you have health insurance?

Response	Frequency	Percent
Yes	994	51.5%
No	936	48.5%
Total	1,930	100.0%

5a. Does your health insurance cover prescriptions?

Response	Frequency	Percent
Yes	851	88.4%
No	62	6.4%
Don't know	50	5.2%
Total	963	100.0%



5b. Does your health insurance cover treatment for substance abuse?

Response	Frequency	Percent
Yes	266	27.9%
No	232	24.3%
Don't know	455	47.7%
Total	953	100.0%

5c. Does your health insurance cover preventive care / annual exams?

Response	Frequency	Percent
Yes	732	76.3%
No	70	7.3%
Don't know	157	16.4%
Total	959	100.0%

5d. Does your health insurance cover long-term care?

Response	Frequency	Percent
Yes	239	25.2%
No	226	23.8%
Don't know	485	51.1%
Total	950	100.0%

5e. Does your health insurance cover dental care?

Response	Frequency	Percent
Yes	554	57.5%
No	335	34.8%
Don't know	74	7.7%
Total	963	100.0%

6.1. If you have children under 18, do they have health insurance?

Response	Frequency	Percent
Yes	1,184	85.1%
No	208	14.9%
Total	1,392	100.0%

6.2. If you have children under 18, do they have dental insurance?

Response	Frequency	Percent
Yes	993	76.9%
No	299	23.1%
Total	1,292	100.0%

7. Do you travel out of San Joaquin County for health care?

Response	Frequency	Percent
Yes	190	10.1%
No	1,689	89.9%
Total	1,879	100.0%

8. When you regularly need health care, where do you go?

RESPONSE	Frequency	Percent
Medical clinics / medical centers / community health centers	976	52.1%
Private doctor	671	35.8%
Emergency room / hospital	363	19.4%
Urgent care clinics / walk-in clinics	262	14.0%
Haven't needed care	85	4.5%
Alternative (homeopathic or acupuncture)	24	1.3%
Other	88	4.7%

Multiple response question with 1,874 respondents offering 2469 responses.

8a. Do you use the emergency room for your main source of health care?

Response	Frequency	Percent
Yes	489	26.8%
No	1,334	73.2%
Total	1,823	100.0%

9. Have you needed mental health treatment (counseling or other help) in the last 12 months?

Response	Frequency	Percent
Yes	156	8.1%
No	1,777	91.9%
Total	1,933	100.0%

9a. If you needed mental health treatment (counseling or other help), were you able to receive it?

Response	Frequency	Percent
Yes	74	47.4%
No	82	52.6%
Total	156	100.0%

9b. If no, why couldn't you receive it?

<b>Response</b>	<b>Frequency</b>	<b>Percent</b>
No insurance	57	71.3%
Couldn't afford it	21	26.3%
Didn't know where to go	15	18.8%
Didn't know what steps to take to get health care	13	16.3%
Insurance wouldn't cover it	9	11.3%
Couldn't afford co-pay	9	11.3%
Transportation issues	7	8.8%
Changed employer / lost job	7	8.8%
Lack of services / services unavailable	6	7.5%
Unable to find doctor to accept insurance	4	5.0%
Unable to communicate due to language differences / barriers	4	5.0%
Unable to understand phone instructions to make an appointment	3	3.8%
Waiting list	1	1.3%
Other	7	8.8%

Multiple response question with 80 respondents offering 163 responses.

10. How long has it been since you last visited a dentist, hygienist, or orthodontist?

<b>Response</b>	<b>Frequency</b>	<b>Percent</b>
Have never visited	107	5.8%
1 to 6 months ago	546	29.5%
7 to 12 months ago	291	15.7%
More than one year, up to 2 years ago	348	18.8%
More than 2 years, up to 5 years ago	275	14.9%
More than 5 years ago	197	10.7%
Don't know	85	4.6%
<b>Total</b>	<b>1,849</b>	<b>100.0%</b>

11. Sometimes you may walk for fun, relaxation, exercise or to walk the dog. How many times, during the last 7 days, did you walk for at least 10 minutes for any of these reasons?

<b>Response</b>	<b>Frequency</b>	<b>Percent</b>
None	246	14.4%
1 time	147	8.6%
2 times	255	15.0%
3 times	278	16.3%
4 times	183	10.7%
5 times	224	13.1%
6 times	42	2.5%
7 times	209	12.3%
8 times	10	0.6%
9 times	2	0.1%
10 times	36	2.1%
11-20 times	54	3.2%
More than 20 times	18	1.1%
<b>Total</b>	<b>1,704</b>	<b>100.0%</b>

12. Do you now smoke cigarettes or use smokeless tobacco?

<b>Response</b>	<b>Frequency</b>	<b>Percent</b>
Every day	107	6.6%
Some days	118	7.3%
Not at all	1,399	86.1%
<b>Total</b>	<b>1,624</b>	<b>100.0%</b>

13. Considering all types of alcoholic beverages, during the past 30 days, about how many times did you have more than 5 drinks on one occasion?

<b>Response</b>	<b>Frequency</b>	<b>Percent</b>
None	1,331	82.3%
1 time	116	7.2%
2 times	85	5.3%
3 times	29	1.8%
4 times	9	0.6%
5 times	22	1.4%
6 times	8	0.5%
7 times	3	0.2%
8 times	0	0.0%
9 times	2	0.1%
10 times	4	0.2%
More than 10 times	9	0.6%
<b>Total</b>	<b>1,618</b>	<b>100.0%</b>

14. How much of your total household take-home pay (income after taxes) goes to rent/housing costs?

Response	Frequency	Percent
Less than 33%	427	25.8%
Between 33% - 49%	371	22.4%
Between 50% - 74%	508	30.7%
75% or more	350	21.1%
Total	1,656	100.0%

15. Have you been without housing in San Joaquin County during the past year?

Response	Frequency	Percent
Yes	97	5.3%
No	1,747	94.7%
Total	1,844	100.0%

16. Is anyone staying at your address on a temporary basis who otherwise might be considered homeless?

Response	Frequency	Percent
Yes	138	7.4%
No	1,720	92.6%
Total	1,858	100.0%

17. In any month, do you find you or your family having to go without basic needs such as food, child care, health care, or clothing?

Response	Frequency	Percent
Yes	626	32.3%
No	1,312	67.7%
Total	1,938	100.0%

17a. What do you go without?

Response	Frequency	Percent
Health care	343	56.2%
Dental care	327	53.6%
Food choices are limited	187	30.7%
Clothing	159	26.1%
Prescriptions	135	22.1%
Food	113	18.5%
Rent / housing	107	17.5%
Child care	66	10.8%
Other	99	16.2%

Multiple response question with 610 respondents offering 1536 responses.

18. How do you get information about health care?

Response	Frequency	Percent
Doctor/Nurse	861	48.4%
Friends or family	820	46.1%
TV or radio	357	20.1%
Internet	342	19.2%
Child's school	248	13.9%
Newspapers/magazines	236	13.3%
Books	166	9.3%
Alternative Health Practitioner	104	5.8%
Curandera / Healer / Shaman	19	1.1%
Other	297	16.7%

Multiple response question with 1,780 respondents offering 3450 responses.

19. If you have children, how old are they?

Response	Frequency	Percent
0 - 4 years old	911	49.9%
5 - 11 years old	715	39.1%
12 - 17 years old	400	21.9%
18 years old and over	279	15.3%
No children	343	18.8%

Multiple response question with 1,827 respondents offering 2648 responses.

20. How many times during the past 7 days have your children eaten fast food?

Response	Frequency	Percent
None	337	28.0%
1 time	472	39.2%
2 times	272	22.6%
3 times	67	5.6%
4 times	32	2.7%
5 times	10	0.8%
6 times	0	0.0%
7 times	9	0.7%
More than 7 times	5	0.4%
Total	1,204	100.0%

20a. How many times during the past 7 days have you eaten fast food?

Response	Frequency	Percent
None	538	32.3%
1 time	556	33.4%
2 times	330	19.8%
3 times	117	7.0%
4 times	44	2.6%
5 times	31	1.9%
6 times	8	0.5%
7 times	25	1.5%
More than 7 times	15	0.9%
Total	1,664	100.0%

21. Which of the following best describes your race / ethnicity?

Response	Frequency	Percent
Caucasian	253	13.6%
Hispanic / Latino	1,134	60.7%
Native American / Alaska Native	17	0.9%
African American	96	5.1%
Filipino	65	3.5%
Pacific Islander	14	0.7%
Asian	199	10.7%
Multi-ethnic	60	3.2%
Other	29	1.6%
Total	1,867	100.0%

22. Which income range best describes your annual household income?

Response	Frequency	Percent
Less than \$10,000	611	34.4%
\$10,000 to \$19,999	359	20.2%
\$20,000 to \$29,999	337	19.0%
\$30,000 to \$39,999	183	10.3%
\$40,000 to \$49,999	91	5.1%
\$50,000 to \$59,999	77	4.3%
\$60,000 to \$74,999	55	3.1%
\$75,000 to \$99,999	33	1.9%
\$100,000 to \$124,999	16	0.9%
\$125,000 or more	13	0.7%
Total	1,775	100.0%

23. What is the highest level of education you have completed?

<b>Response</b>	<b>Frequency</b>	<b>Percent</b>
High school diploma or less	1,059	59.2%
Some college, no degree	502	28.1%
AA degree or higher	227	12.7%
Total	1,788	100.0%

24. Which of the following areas do you live closest to?

<b>Response</b>	<b>Frequency</b>	<b>Percent</b>
Stockton	876	46.8%
Tracy	334	17.8%
Manteca	321	17.1%
Lodi	155	8.3%
Ripon	9	0.5%
Escalon	21	1.1%
Lathrop	92	4.9%
Woodbridge/Acampo	16	0.9%
Linden	13	0.7%
Victor/Lockeford/Clements	11	0.6%
Thornton	4	0.2%
Mountain House	21	1.1%
Other	0	0.0%
Total	1,873	100.0%

25. How long have you lived in the county?

<b>Response</b>	<b>Frequency</b>	<b>Percent</b>
1 year or less	112	6.2%
1-5 years	364	20.3%
Over 5 years	1,318	73.5%
Total	1,794	100.0%



## 26. What is your Zip Code?

<b>Response</b>	<b>Frequency</b>	<b>Percent</b>
95201 - Stockton	1	0.1%
95202 - Stockton	34	1.9%
95203 - Stockton	55	3.0%
95204 - Stockton	113	6.3%
95205 - Stockton	120	6.6%
95206 - Stockton	295	16.3%
95207 - Stockton	63	3.5%
95208 - Stockton	1	0.1%
95209 - Stockton	30	1.7%
95210 - Stockton	89	4.9%
95211 - Stockton	2	0.1%
95212 - Stockton	25	1.4%
95213 - Stockton	0	0.0%
95215 - Stockton	70	3.9%
95219 - Stockton	15	0.8%
95220 - Acampo	8	0.4%
95230 - Farmington	4	0.2%
95231 - French Camp	5	0.3%
95234 - Holt	2	0.1%
95236 - Linden	11	0.6%
95237 - Lockeford	6	0.3%
95240 - Lodi	106	5.9%
95241 - Lodi	0	0.0%
95242 - Lodi	8	0.4%
95253 - Victor	0	0.0%
95258 - Woodbridge	11	0.6%
95269 - Stockton	1	0.1%
95304 - Tracy, Banta	22	1.2%
95320 - Escalon	8	0.4%
95330 - Lathrop	77	4.3%
95336 - Manteca	181	10.0%
95337 - Manteca	115	6.4%
95366 - Ripon	2	0.1%
95376 - Tracy	234	12.9%
95377 - Tracy	63	3.5%
95378 - Tracy	2	0.1%
95391 - Tracy , Mountain house	20	1.1%
95686 - Thornton	9	0.5%
<b>Total</b>	<b>1,808</b>	<b>100.0%</b>

27. Are you Male or Female?

<b>Response</b>	<b>Frequency</b>	<b>Percent</b>
Male	378	20.5%
Female	1,466	79.5%
<b>Total</b>	<b>1,844</b>	<b>100.0%</b>

28. How old are you?

<b>Response</b>	<b>Frequency</b>	<b>Percent</b>
Under 20 years	60	3.2%
20 - 24 years	698	37.6%
25 - 34 years	234	12.6%
35 - 44 years	64	3.4%
45 - 54 years	16	0.9%
55 - 59 years	187	10.1%
60 - 64 years	427	23.0%
65 - 74 years	99	5.3%
75 - 84 years	63	3.4%
85 years and over	8	0.4%
<b>Total</b>	<b>1,856</b>	<b>100.0%</b>