Background of the Project

- The San Joaquin County Community Health Assessment Collaborative formed in 2004.
- Purpose: to produce a functional and comprehensive county health profile.
- Overall goal: to inform and engage local stakeholders and community members in order to promote and develop collaborative efforts based on reliable data, community input and group consensus.
Community Assessment Project

We are here!

Step 1: Form a Steering Committee

Step 2: Develop Project Methodology

Step 3: Create Working Committees

Step 4: Collect Secondary Data

Step 5: Conduct Community Surveys

Step 6: Analyze Results

Step 7: Publish and Promote the Report

Step 8: Develop Community Goals and Benchmarks

Step 9: Encourage Community Action

Step 10: Update the Report Regularly

San Joaquin County

Identify Potential Quality of Life Indicators

Collect Secondary Data

Promote the Report

Analyze Results
2008 Assessment Focus Areas

- Access to Health Care
- Chronic Disease (Diabetes, Asthma and Obesity)
- Early Entry into Prenatal Care
Methodology

- English and Spanish telephone surveys were completed with over 400 randomly selected county residents.
- Over 1,900 face-to-face surveys were collected at 37 different sites and community agencies throughout the county.
- Secondary (pre-existing) data were collected for over 50 health indicators from a variety of sources.
County Demographics

- In 2007, the population of the county was 679,687.
  - Since 2000, there was a 21% population increase.

- In the next 10 years, 10% of residents will be age 65 or older.

- According to the U.S. Census Bureau, 38% of San Joaquin County residents over age five spoke a language other than English in their home in 2006.
  - Of the total population, 24% spoke Spanish/Spanish Creole.

- Currently in 2008, Caucasians make up 40% of the County population while Hispanics make up 37%.
  - After 2010, there will be a higher percentage of Hispanics than Caucasians.

  2011: Hispanics (39%), Caucasians (37%)
  2015: Hispanics (42%), Caucasians (33%)
San Joaquin County was among the top three counties that had the highest foreclosure rates in the United States in the fall of 2007.

The U.S. Department of Housing and Urban Development (HUD) defines affordable housing as costing no more than 30% of a household’s annual income. Spending much more than 30% impacts residents’ ability to afford other basic needs such as health care, food, and child care.

In 2007, 47% of telephone respondents and 74% of face-to-face respondents reported spending more than 30% of their household income on housing costs.
Basic Needs

In any given month, do you find you or your family having to go without basic needs such as food, housing, child care, health care or clothing? (Those responding "yes.")

Adult Health Insurance Coverage

Adult Respondents Who Currently Have Health Insurance Coverage, 2004 and 2007

Healthy People 2010 Objective:
100% of residents under 65 years will have health insurance.

Source: San Joaquin County Community Health Assessment, Telephone and Face-to-Face Surveys, 2004, and 2007
Adult Health Insurance Coverage

Percentage of San Joaquin County Adults without Health Insurance

N = 534.
Youth Health Insurance Coverage

Do your children have health insurance? (Those responding “yes.”)

Source: San Joaquin County Community Health Assessment, Telephone and Face-to-Face Surveys, 2004 and 2007
Health Care Access and Utilization

If you needed health care in the last 12 months, were you able to receive it? (Those responding “yes.”)

Source: San Joaquin County Community Health Assessment, Telephone and Face-to-Face Surveys, 2004 and 2007.
## Access to Health Care

### Top 5 Reasons Why Respondents Were Unable to Receive Health Care in the Past 12 Months

<table>
<thead>
<tr>
<th>Reason</th>
<th>2007 Telephone Survey</th>
<th>2007 Face-to-Face Survey</th>
</tr>
</thead>
<tbody>
<tr>
<td>No insurance</td>
<td>50.0%</td>
<td>69.0%</td>
</tr>
<tr>
<td>Could not afford it</td>
<td>45.9%</td>
<td>33.9%</td>
</tr>
<tr>
<td>Insurance would not cover it</td>
<td>37.5%</td>
<td>16.3%</td>
</tr>
<tr>
<td>Could not afford co-pay</td>
<td>29.1%</td>
<td>13.9%</td>
</tr>
<tr>
<td>Unable to find doctor to accept insurance</td>
<td>20.8%</td>
<td>13.9%</td>
</tr>
</tbody>
</table>

Multiple response question with 18 respondents offering 50 responses

Multiple response question with 410 respondents offering 898 responses

Source: San Joaquin County Community Health Assessment, Telephone and Face-to-Face Surveys, 2007.
Emergency Department Use

Do you use the emergency department for your main source of care? (Those responding “yes.”)

Chronic Disease-Asthma

San Joaquin County Residents Who Have Been Diagnosed with Asthma, by Age, 2001-2005

Chronic Disease-Diabetes

Residents Who Have Been Diagnosed with Diabetes, 2003 and 2005

San Joaquin County

<table>
<thead>
<tr>
<th>Year</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>2003</td>
<td>7.6%</td>
</tr>
<tr>
<td>2005</td>
<td>9.2%</td>
</tr>
</tbody>
</table>

California

<table>
<thead>
<tr>
<th>Year</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>2003</td>
<td>6.6%</td>
</tr>
<tr>
<td>2005</td>
<td>7.0%</td>
</tr>
</tbody>
</table>

Healthy People 2010 Objective:
No more than 2.5% of people will have diabetes.

Source: 2003 and 2005 California Health Interview Survey.
Chronic Disease-Obese Adults

Percentage of Adults Who Are Obese, 2001-2005

- San Joaquin County: 25.6%, 27.1%, 28.8%
- California: 19.3%, 20.4%, 21.2%


Respondents’ BMI, 2007

- Low BMI: 1.4%
- Normal BMI: 33.5%
- Overweight: 39.2%
- Obese: 26.0%

Early Entry into Prenatal Care
Percentage of Women Receiving Prenatal Care During Their First Trimester, 2000-2006

Objective:
90% of pregnant women will receive early and adequate prenatal care.

Prenatal Care-Ethnicity

Percentage of Women Receiving Prenatal Care During Their First Trimester, by Race/Ethnicity, 2000-2005

Low Birth Weight Babies

Percentage of Low Birth Weight Babies, 2000-2006

Prenatal Care and Low Birth Weight-Teens

Percentage of Teenage Women Receiving Prenatal Care During Their First Trimester, 2000-2006

Percentage of Low Birth Weight Babies Born to Teenage Mothers, 2000-2006

Data Summary

- The San Joaquin County population is growing, becoming both older and more ethnically diverse.
- The majority of county residents are covered by health and dental insurance; although, there still are those who report going without basic necessities and health services.
- The county has higher percentages of residents with chronic diseases than the state.
- Additionally, neither the county nor the state are currently meeting the Healthy People 2010 objective for prenatal care.
- However, there are many community organizations that are dedicated to addressing these important issues.
- Several of these groups are highlighted in our comprehensive report under the title “How We’re Making a Difference.”
Go Before You Show

The “Go Before You Show” message is being communicated to San Joaquin County residents in an effort to encourage women to see a doctor within the first three months of pregnancy. This message is being delivered in several ways, including an Internet website, posters, and the following radio announcement:

If you’re pregnant, or even just think you might be, remember one thing: “Go before you show.” What does that mean? It means see a doctor early to give your baby a healthy start. Seeing a doctor within the first three months of being pregnant is one of the most important things a mother can do for her unborn baby. Early prenatal care includes exams, tests, and advice about healthy eating and healthy behavior, like not smoking, drinking or using drugs. These simple steps can make all the difference to your baby.

San Joaquin County offers programs that can help you get the information you need. You may also be eligible for health care programs that can pay for prenatal care and even the delivery of your baby. Just call public health services at 1-800-698-2304 or go to gobeforeyoushow.com.

So... “go before you show”... And give your baby a healthy start in life.
Resources Available online

- 2005 & 2008 Comprehensive Reports
- 2005 & 2008 Executive Summaries
- 2008 “How We’re Making a Difference” Stories
- 2005 & 2008 PowerPoint Presentations
- Links to SJC₂HAC Community Partners and a List of Financial Contributors

www.healthiersanjoaquin.org
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Encourage Community Action
The vineyard photo used in this presentation was taken by Dale Goff and was provided by the Lodi Wine & Visitor Center.