

# Appendices

---





# Appendix I: Telephone Survey Results, 2007

1. Do you feel you are economically or financially better off this year as compared to last year?

Response	Frequency	Percent
Yes, better off	111	26.1%
No, not better off	173	40.7%
The same	136	31.9%
Don't Know	6	1.4%
Total	426	100.0%

1a. Why do you feel this way?

Response	Responses	Percent
Cost of living increased	54	32.3%
Gas prices	35	20.6%
Additional expenses/ debt	32	18.8%
Less income	26	15.2%
On a fixed income	22	13.0%
Unemployed	21	12.6%
Overall economy has dropped/recession	17	9.9%
Health insurance expenses	12	7.2%
Less work	8	4.5%
More taxes	7	4.0%
Stock market/investments	7	4.0%
Medical costs/on disability	7	4.0%
Utility costs/energy crisis	5	3.1%
Divorce/single parent	2	1.3%
Other	8	4.5%

Multiple response question with 167 respondents offering 260 responses.

2. Have you needed health care in the last 12 months?

Response	Frequency	Percent
Yes	253	58.7%
No	178	41.3%
Total	431	100.0%

## 2a. Were you able to receive the health care you needed?

Response	Frequency	Percent
Yes	233	92.8%
No	18	7.2%
Total	251	100.0%

## 2b. I'm going to read a list of reasons why some people are unable to receive health care. Please tell me which reasons apply to you:

Response	Responses	Percent
No insurance	9	50.0%
Could not afford it	8	45.9%
Insurance would not cover it	7	37.5%
Couldn't afford co-pay	5	29.1%
Unable to find doctor to accept insurance	4	20.8%
Didn't know what steps to take to get health care	4	20.8%
Changed employer or lost job	3	16.7%
Couldn't get a timely appointment	3	16.7%
Transportation issues	2	12.4%
Didn't know where to go	2	12.4%
Lack of services or services unavailable	2	12.4%
Unable to understand the telephone instructions to make an appointment	1	4.1%
Unable to communicate due to language differences	0	0.0%
Other	0	0.0%

Multiple response question with 18 respondents offering 50 responses.

## 2c. What type of health care did you go without?

Response	Responses	Percent
Basic care or routine care	11	58.3%
Specialist; Someone who specializes in a disease or condition	9	50.0%
Dental	7	37.5%
Preventive care or annual exams	5	25.0%
Mental Health; counseling or other help	2	12.5%
Alternative; homeopathic, acupuncture or a curandero	2	12.5%
Substance abuse treatment; drugs or alcohol	2	12.5%
Prenatal	1	4.1%
Other	0	0.0%

Multiple response question with 18 respondents offering 38 responses.

3. During the past 12 months, did you either delay or not get a medicine that a doctor prescribed for you?

Response	Frequency	Percent
Yes	65	15.0%
No	365	85.0%
Total	430	100.0%

4. Do you have health insurance?

Response	Frequency	Percent
Yes	367	85.6%
No	62	14.4%
Total	429	100.0%

- 4a. Does your health insurance cover prescriptions, either full or partial coverage?

Response	Frequency	Percent
Yes	345	94.1%
No	16	4.3%
Don't Know	6	1.6%
Total	367	100.0%

- 4b. Does your health insurance cover treatment for substance abuse, such as alcohol and drugs?

Response	Frequency	Percent
Yes	167	45.4%
No	38	10.2%
Don't Know	163	44.3%
Total	367	100.0%

- 4c. Does your health insurance cover preventive care or annual exams?

Response	Frequency	Percent
Yes	318	87.1%
No	20	5.3%
Don't Know	28	7.6%
Total	366	100.0%

4d. Do you also have additional health insurance coverage for long-term care, such as a nursing home?

Response	Frequency	Percent
Yes	77	21.1%
No	246	67.1%
Don't Know	44	11.9%
Total	367	100.0%

4e. Do you also have additional health insurance coverage for dental care?

Response	Frequency	Percent
Yes	242	65.9%
No	120	32.7%
Don't Know	5	1.4%
Total	367	100.0%

5. Do you have children living with you under the age of 18?

Response	Frequency	Percent
Yes	156	36.2%
No	275	63.8%
Total	431	100.0%

5a. How old are they?

Response	Responses	Percent
0 - 4 years old	57	36.9%
5 - 11 years old	93	60.2%
12 - 17 years old	81	52.4%

Multiple response question with 155 respondents offering 231 responses.

5b. Do your children have health insurance?

Response	Frequency	Percent
Yes	149	95.2%
No	8	4.8%
Total	156	100.0%

## 5c. Do your children have dental insurance?

Response	Frequency	Percent
Yes	131	84.1%
No	21	13.5%
Don't Know	4	2.4%
Total	156	100.0%

## 5d. Do your children get annual health exams?

Response	Frequency	Percent
Yes	140	89.4%
No	14	8.6%
Don't Know	3	1.9%
Total	156	100.0%

## 6. When you need health care, where do you go?

Response	Responses	Percent
A private doctor	262	62.1%
Medical clinics, or medical centers, or community health	161	38.3%
Emergency department or hospital	138	32.7%
Urgent care clinics or walk-in clinics	102	24.2%
Alternative caregivers; homeopathic, acupuncture or a Curandero	20	4.8%
Veterans Hospital	8	1.8%
Chiropractor	7	1.6%
Other	2	0.5%

Multiple response question with 422 respondents offering 701 responses.

## 6a. Do you use the emergency department for your MAIN source of health care? This would be for illness as well as for emergencies

Response	Frequency	Percent
Yes	53	12.3%
No	376	87.7%
Total	429	100.0%

## 6b. Do you travel out of San Joaquin County for health care?

Response	Frequency	Percent
Yes	63	14.8%
No	363	85.2%
Total	426	100.0%

## 6c. If yes, was it because:

Response	Responses	Percent
You prefer a doctor in another county	17	27.4%
Referred to another provider by your family doctor	12	19.1%
Needed cardiology specialty care	8	13.1%
Needed pediatric care	7	11.9%
You use health care closer to your job	7	11.9%
Outside care covered by insurance	6	9.5%
Needed other specialty treatment not listed here	5	8.3%
Needed diabetic treatment	4	6.0%
Needed women's health treatment	4	6.0%
Needed mental health treatment	3	4.8%
Needed oncology treatment	3	4.8%
Needed orthopedic care	3	4.8%
Needed specialty care not available in SJC	2	3.6%
Needed substance abuse/alcohol treatment	1	1.2%
Other	9	14.3%

Multiple response question with 63 respondents offering 92 responses.

## 7. Do you receive preventive care such as annual exams?

Response	Frequency	Percent
Yes	338	79.6%
No	86	20.4%
Total	424	100.0%

## 7a. If no, why not?

Response	Responses	Percent
Don't need it	21	29.2%
No insurance	20	28.1%
Couldn't afford it	11	15.6%
Don't go to the doctor/don't like it	6	8.3%
Insurance would not cover it	5	6.3%
Didn't know where to go	5	6.3%
Doctor hasn't requested annual exams	5	6.3%
Didn't know what steps to take to get health care	3	4.2%
Could not find a doctor to accept your insurance	2	2.1%
Couldn't afford co-pay	2	2.1%
Unable to communicate due to language differences/barriers	1	1.0%
Other	6	8.3%

Multiple response question with 72 respondents offering 86 responses.



## 8. Has a doctor EVER diagnosed you with asthma?

Response	Frequency	Percent
Yes	59	13.8%
No	369	86.2%
Total	429	100.0%

## 8a. Are you being treated for your asthma?

Response	Frequency	Percent
Yes	37	62.0%
No	23	38.0%
Total	59	100.0%

## 8b. Has a doctor EVER given you an asthma management plan? An asthma management plan is a printed form that tells when to change the amount or type of medicine, when to call the doctor for advice, and when to go to the emergency department.

Response	Frequency	Percent
Yes	17	27.8%
No	41	69.6%
Don't Know	1	2.5%
Total	59	100.0%

## 8aa. Have any of your children been diagnosed with asthma?

Response	Frequency	Percent
Yes	35	22.3%
No	120	77.7%
Total	155	100.0%

## 8bb. Are your children being treated for their asthma?

Response	Frequency	Percent
Yes	25	71.7%
No	10	28.3%
Total	35	100.0%

8cc. Has a doctor EVER given you an asthma management plan for your children? An asthma management plan is a printed form that tells when to change the amount or type of medicine, when to call the doctor for advice, and when to go to the emergency department.

Response	Frequency	Percent
Yes	20	58.7%
No	13	36.9%
Don't Know	2	4.4%
Total	35	100.0%

9. Has a doctor EVER diagnosed you with diabetes or sugar diabetes?

Response	Frequency	Percent
Yes	65	15.0%
No	365	85.0%
Total	429	100.0%

9a. Are you receiving treatment for your diabetes?

Response	Frequency	Percent
Yes	61	94.2%
No	4	5.8%
Total	65	100.0%

9b. How old were you when a doctor first told you that you have diabetes?

Response	Frequency	Percent
Under 21 years	2	2.5%
21 - 30 years	8	13.6%
31 - 40 years	10	16.0%
41 - 50 years	10	16.0%
51 - 60 years	17	28.4%
61 - 70 years	11	18.6%
Over 71 years	3	4.9%
Total	61	100.0%

9c. Has a doctor EVER given you a management plan or instructions on how to treat your diabetes?

Response	Frequency	Percent
Yes	55	84.9%
No	10	15.1%
Total	65	100.0%

9aa. Has a doctor EVER diagnosed any of your children with diabetes or sugar diabetes?

Response	Frequency	Percent
Yes	3	1.9%
No	153	98.1%
Total	156	100.0%

9bb. Are your children receiving treatment for their diabetes?

Response	Frequency	Percent
Yes	3	100.0%
Total	3	100.0%

9cc. How old were your children when they were first diagnosed with diabetes?

Response	Responses	Percent
1 year old	2	100.0%

Multiple response question with 2 respondents offering 2 responses.

9dd. Has a doctor EVER given you a management plan or instructions on how to treat your children's diabetes?

Response	Frequency	Percent
Yes	3	100.0%
Total	3	100.0%

10. Would you say that in general, your MENTAL health, which includes stress, depression, and problems with emotions is...

Response	Frequency	Percent
Excellent	119	27.8%
Very good	132	31.0%
Good	117	27.5%
Fair	44	10.2%
Poor	15	3.5%
Total	426	100.0%

11. Have you needed mental health treatment, such as counseling or other help in the last 12 months?

Response	Frequency	Percent
Yes	41	9.4%
No	390	90.6%
Total	430	100.0%

**11a. Were you able to receive the mental health treatment you needed counseling or other help?**

Response	Frequency	Percent
Yes	32	77.8%
No	9	22.2%
Total	41	100.0%

**11b. Why couldn't you receive it?**

Response	Responses	Percent
No insurance	3	33.4%
Didn't know what steps to take to get health care	2	16.7%
Unable to understand the telephone instructions to make an appointment	2	16.7%
Couldn't afford it	2	16.7%
There were waiting lists	2	16.7%
Insurance would not cover it	1	8.3%
Transportation issues	1	8.3%
Didn't know where to go	1	8.3%
Lack of services or services unavailable	1	8.3%
Other	1	8.3%

Multiple response question with 9 respondents offering 14 responses.

**12. How long has it been since you last visited a dentist, oral hygienist, or orthodontist?**

Response	Frequency	Percent
Have never visited	9	2.1%
1 to 6 months ago	247	57.8%
7 to 12 months ago	47	11.1%
More than one year, up to 2 years ago	63	14.8%
More than 2 years, up to 5 years ago	32	7.6%
More than 5 years ago	29	6.7%
Total	427	100.0%

## 13. How do you get information about health care?

Response	Responses	Percent
Doctor/nurse	298	73.1%
Friends or family	153	37.6%
Newspapers/magazines	134	32.8%
Internet	123	30.2%
TV or radio	115	28.2%
Books	112	27.4%
Child's school	61	14.9%
Alternative Health Practitioner (homeopathic or acupuncture)	43	10.5%
Curandero/healer/shaman	8	2.0%
At work	8	2.0%
Advertising: brochures/mail/newsletters	8	2.0%
Through insurance/HMO/Medicare	8	2.0%
Other	2	0.6%

Multiple response question with 408 respondents offering 1,073 responses.

## 14. Sometimes you may walk for fun, relaxation, exercise, or to walk the dog. How many times during the last 7 days did you walk for at least 10 minutes for any of these reasons?

Response	Frequency	Percent
None	104	24.4%
1 time	33	7.8%
2 times	46	10.8%
3 times	53	12.6%
4 times	27	6.4%
5 times	41	9.6%
6 times	14	3.2%
7 times	89	21.1%
More than 7 times	18	4.3%
Total	424	100.0%

## 15. Do you now smoke cigarettes or use smokeless tobacco every day, some days, or not at all?

Response	Frequency	Percent
Every day	50	11.6%
Some days	21	4.9%
Not at all	356	83.4%
Total	426	100.0%

16. Considering all types of alcoholic beverages, during the past 30 days, about how many times did you have more than 5 drinks on one occasion?

Response	Frequency	Percent
None	375	87.5%
1 time	19	4.4%
2 times	9	2.1%
3 times	8	1.8%
4 times	3	0.7%
5 times	7	1.6%
6 times	2	0.4%
8 times	2	0.4%
More than 8 times	5	1.1%
Total	428	100.0%

17. In any given month, do you find you or your family having to go without basic needs such as food, housing, child care, health care, or clothing?

Response	Frequency	Percent
Yes	27	6.3%
No	402	93.7%
Total	429	100.0%

17a. What do you go without?

Response	Responses	Percent
Food	13	47.2%
Health care	11	38.9%
Clothing	8	27.8%
Dental care	5	19.4%
Prescriptions	5	19.4%
Varieties of food	3	11.1%
Child care	3	11.1%
Rent/housing	3	11.1%
Other	2	5.6%

Multiple response question with 27 respondents offering 52 responses.

18a. How many times during the past 7 days have your children eaten fast food such as McDonald's, Wendy's, Burger King, Taco Bell, Domino's Pizza, etc.)?

Response	Frequency	Percent
None	50	32.0%
1 time	57	36.9%
2 times	26	16.5%
3 times	13	8.2%
4 times	4	2.4%
5 times	3	1.9%
10 times	3	1.9%
Total	155	100.0%

18b. How many times during the past 7 days have YOU eaten fast food such as McDonald's, Wendy's, Burger King, Taco Bell, Domino's Pizza, etc.)?

Response	Frequency	Percent
None	200	46.6%
1 time	119	27.7%
2 times	50	11.7%
3 times	34	7.9%
4 times	7	1.6%
5 times	11	2.6%
7 times	5	1.2%
10 times	3	0.7%
Total	429	100.0%

19. Body Mass Index in adults

Response	Frequency	Percent
Low BMI (Less than 18.5)	5	1.4%
Normal BMI (18.5 -24.9)	130	33.5%
Overweight (BMI 25.0 -29.9)	152	39.2%
Obese (BMI 30.0 or more)	101	26.0%
Total	388	100.0%

## 20. How old are you?

Response	Frequency	Percent
Under 20 years	11	2.5%
20 - 24 years	24	5.8%
25 - 34 years	49	11.8%
35 - 44 years	59	14.1%
45 - 54 years	81	19.6%
55 - 59 years	33	8.0%
60 - 64 years	33	8.0%
65 - 74 years	66	15.9%
75 - 84 years	44	10.5%
85 years and over	16	3.8%
Total	414	100.0%

## 21. Which of the following BEST describes your ethnic group?

Response	Frequency	Percent
Caucasian	247	61.5%
Hispanic/Latino	98	24.5%
African American	18	4.5%
Filipino	14	3.4%
Pacific Islander	3	0.8%
Asian	17	4.1%
Native American/Alaskan Native	5	1.3%
Total	402	100.0%

## 22. Which income range best describes your annual household income?

Response	Frequency	Percent
Less than \$10,000	25	6.4%
\$10,000 to \$19,999	48	12.3%
\$20,000 to \$29,999	62	15.8%
\$30,000 to \$39,999	54	13.9%
\$40,000 to \$49,999	34	8.7%
\$50,000 to \$59,999	35	8.9%
\$60,000 to \$74,999	28	7.1%
\$75,000 to \$99,999	43	11.0%
\$100,000 to \$124,999	17	4.2%
\$125,000 or more	27	6.9%
Don't know	19	4.8%
Total	390	100.0%



23. How much of your total household take-home pay, that is income after taxes, goes to rent or housing costs? Is it ..

Response	Frequency	Percent
Less than 33%	181	53.1%
Between 33% and 49%	90	26.4%
Between 50% and 74%	50	14.5%
75% or more	20	5.9%
Total	341	100.0%

24. How many people are in your household?

Response	Frequency	Percent
1	62	14.7%
2	167	39.4%
3	53	12.6%
4	74	17.6%
5	37	8.7%
6	20	4.6%
7	6	1.4%
8 or more	5	1.1%
Total	423	100.0%

25. What is the highest level of education you have completed?

Response	Frequency	Percent
High school diploma or less	187	43.9%
Some college, no degree	114	26.8%
AA degree or higher	125	29.3%
Total	426	100.0%

26. What is your employment status?

Response	Frequency	Percent
Employed full-time	148	34.8%
Employed part -time	41	9.5%
Unemployed	35	8.3%
Retired	140	32.8%
Student	11	2.6%
Homemaker, parent or caregiver	37	8.6%
Self-employed	14	3.4%
Total	426	100.0%

## 27. What is your ZIP code?

Response	Frequency	Percent
95220	41	9.8%
95207	38	9.1%
95376	29	7.0%
95210	24	5.7%
95206	22	5.2%
95209	21	5.0%
95240	20	4.6%
95336	20	4.6%
95204	17	3.9%
95377	17	3.9%
95215	14	3.4%
95242	14	3.4%
95330	14	3.4%
95212	13	3.0%
95219	13	3.0%
95337	13	3.0%
95205	12	2.9%
95236	11	2.6%
95366	11	2.6%
95237	10	2.3%
95320	9	2.1%
95203	8	2.0%
95227	8	2.0%
95686	4	0.9%
94377	2	0.4%
94586	2	0.4%
95124	2	0.4%
95202	2	0.4%
95304	2	0.4%
94336	1	0.2%
95005	1	0.2%
95226	1	0.2%
95231	1	0.2%
95241	1	0.2%
95243	1	0.2%
95391	1	0.4%
95632	1	0.4%
95837	1	0.2%
Total	420	100.0%

## 28. Which of the following areas do you live CLOSEST to?

Response	Frequency	Percent
Stockton	188	43.7%
Tracy	52	12.1%
Manteca	44	10.1%
Lodi	35	8.2%
Ripon	11	2.4%
Escalon	6	1.4%
Lathrop	10	2.3%
Woodbridge/ Acampo	33	7.7%
Linden	14	3.1%
Victor/Lockeford/Clements	28	6.5%
Thornton	4	0.9%
Mountain House	3	0.7%
Other	4	0.9%
Total	430	100.0%

## 29. How long have you lived in the county?

Response	Frequency	Percent
1 year or less	8	1.9%
1-5 years	54	12.6%
Over 5 years	366	85.4%
Total	428	100.0%

## 31. Language survey was conducted in:

Response	Frequency	Percent
English	381	88.3%
Spanish	50	11.7%
Total	431	100.0%

## 30. Respondent gender

Response	Frequency	Percent
Male	216	50.0%
Female	216	50.0%
Total	431	100.0%



# Appendix II: Telephone Survey Results Comparisons - 2004, 2007

## 1. Do you feel you are economically better off this year as compared to last year?

Response	2004	2007
Yes, better off	32.6%	26.1%
No, not better off	30.2%	40.7%
The same	36.7%	31.9%
Don't know	0.5%	1.4%
Total	428	426

### 1a. Why do you feel this way?

Response	2004	2007
Less income	28.6%	15.2%
Cost of living increased	26.9%	32.3%
Unemployed	22.8%	12.6%
On a fixed income (i.e., social security, welfare, student)	19.6%	13.0%
Health insurance expenses	18.4%	7.2%
Additional expenses/debt	14.7%	18.8%
Gas prices	7.8%	20.6%
Overall economy has dropped/recession	7.8%	9.9%
More taxes	4.2%	4.0%
Divorce/single parent	4.1%	1.3%
Utility costs/energy crisis	3.6%	3.1%
Businesses are closing/lay offs	3.0%	0.0%
Less work	N/A	4.5%
Stock market/investments	N/A	4.0%
Medical costs/on disability	N/A	4.0%
Other	5.3%	4.5%
Total Respondents	128	167
Total Responses	213	260

## 2. Have you needed health care in the last 12 months?

Response	2004	2007
Yes	64.4%	58.7%
No	35.6%	41.3%
Total	427	431

**2a. Were you able to receive the health care you needed?**

Response	2004	2007
Yes	93.6%	92.8%
No	6.4%	7.2%
Total	274	251

**2b. I'm going to read a list of reasons why some people are unable to receive health care. Please tell me which reasons apply to you.**

Response	2004	2007
No insurance	82.6%	50.0%
Could not afford it	73.3%	45.9%
Did not know where to go	34.7%	12.4%
Insurance would not cover it	21.6%	37.5%
Transportation issues	21.1%	12.4%
Could not find doctor to accept your insurance	17.4%	20.8%
Changed employer/lost job	17.4%	16.7%
Unable to understand the telephone instructions to make an appointment	13.1%	4.1%
Unable to communicate due to language differences	8.5%	0.0%
Couldn't afford co-pay	N/A	29.1%
Didn't know what steps to take to get health care	N/A	20.8%
Couldn't get a timely appointment	N/A	16.7%
Lack of services or services unavailable	N/A	12.4%
Other	8.5%	0.0%
Total Respondents	17	18
Total Responses	52	50

2c. What type of health care did you go without?

Response	2004	2007
Basic care	77.9%	58.3%
Preventive care/annual exam	65.3%	25.0%
Mental Health (counseling or other help)	39.0%	12.5%
Specialist	34.7%	50.0%
Alternative Care (homeopathic or acupuncture)	12.7%	12.5%
Other	8.5%	0.0%
Dental	N/A	37.5%
Substance abuse treatment; drugs or alcohol	N/A	12.5%
Prenatal	N/A	4.1%
Total Respondents	17	18
Total Responses	42	38

3. During the past 12 months, did you either delay or not get a medicine that a doctor prescribed for you?

Response	2004	2007
Yes	13.6%	15.0%
No	86.4%	85.0%
Total	427	430

4. Do you have health insurance?

Response	2004	2007
Yes	84.1%	85.6%
No	15.9%	14.4%
Total	429	429

4a. Does your health insurance cover prescriptions (FULL OR PARTIAL COVERAGE)?

Response	2004	2007
Yes	90.8%	94.1%
No	8.8%	4.3%
Don't know	0.4%	1.6%
Total	361	367

**4b. Does your health insurance cover treatment for substance abuse, such as alcohol and drugs?**

Response	2004	2007
Yes	41.1%	45.4%
No	10.2%	10.2%
Don't know	48.7%	44.3%
Total	361	367

**4c. Does your health insurance cover preventive care/annual exams?**

Response	2004	2007
Yes	87.1%	87.1%
No	6.2%	5.3%
Don't know	6.8%	7.6%
Total	361	366

**4d. Do you also have additional health insurance coverage for long-term care, such as a nursing home?**

Response	2004	2007
Yes	20.0%	21.1%
No	65.8%	67.1%
Don't know	14.2%	11.9%
Total	361	367

**4e. Do you also have additional health insurance coverage for dental care?**

Response	2004	2007
Yes	65.7%	65.9%
No	32.6%	32.7%
Don't know	1.7%	1.4%
Total	361	367

**5. Do you have children under the age of 18?**

Response	2004	2007
Yes	42.8%	36.2%
No	57.2%	63.8%
Total	429	431



5a. How old are they?

Response	2004	2007
0 - 4 years old	45.6%	36.9%
5 - 11 years old	55.5%	60.2%
12 - 17 years old	49.0%	52.4%
Total Respondents	184	155
Total Responses	276	231

5b. Do your children have health insurance?

Response	2004	2007
Yes	92.6%	95.2%
No	7.4%	4.8%
Total	183	156

5c. Do your children have dental insurance?

Response	2004	2007
Yes	79.3%	84.1%
No	18.6%	13.5%
Don't know	2.1%	2.4%
Total	183	156

5d. Do your children get annual health exams?

Response	2004	2007
Yes	83.8%	89.4%
No	13.7%	8.6%
Don't know	2.5%	1.9%
Total	183	156

6. When you need health care, where do you go?

Response	2004	2007
A private doctor	63.1%	62.1%
Emergency department or hospital	35.6%	32.7%
Medical clinics/medical centers/Community Health Center	35.5%	38.3%
Urgent care clinics or walk-in clinics	20.7%	24.2%
Alternative caregivers	4.0%	4.8%
Veterans Hospital	N/A	1.8%
Chiropractic	N/A	1.6%
Other	4.3%	0.5%
Total Respondents	429	422
Total Responses	711	701

6a. Do you use the emergency department for your main source of health care? This would be for illness as well as for emergencies.

Response	2004	2007
Yes	12.4%	12.3%
No	87.6%	87.7%
Total	425	429

6b. Do you travel out of San Joaquin County for health care?

Response	2004	2007
Yes	N/A	14.8%
No	N/A	85.2%
Total		426

6c. If yes, was it because:

Response	2004	2007
You prefer a doctor in another county	N/A	27.4%
Referred to another provider by your family doctor	N/A	19.1%
Needed cardiology specialty care	N/A	13.1%
Needed pediatric care	N/A	11.9%
You use health care closer to your job	N/A	11.9%
Outside care covered by insurance	N/A	9.5%
Needed other specialty treatment not listed here	N/A	8.3%
Needed diabetic treatment	N/A	6.0%
Needed women's health treatment	N/A	6.0%
Needed mental health treatment	N/A	4.8%
Needed oncology treatment	N/A	4.8%
Needed orthopedic care	N/A	4.8%
Needed specialty care not available in SJC	N/A	3.6%
Needed substance abuse/alcohol treatment	N/A	1.2%
Other	N/A	14.3%
Total Respondents		63
Total Responses		92

7. Do you receive preventive care such as annual exams?

Response	2004	2007
Yes	79.4%	79.6%
No	20.6%	20.4%
Total	427	424

7a. If no, why not?

Response	2004	2007
No insurance	28.8%	28.1%
Only go to the doctor when sick	18.3%	0.0%
Couldn't afford it	18.2%	15.6%
Too lazy/haven't gotten around to it	12.5%	0.0%
Insurance would not cover it	11.6%	6.3%
Didn't know where to go	7.4%	6.3%
Transportation issues	2.5%	0.0%
Unable to understand the telephone instructions to make an appointment	0.8%	0.0%
Could not find a doctor to accept your insurance	0.8%	2.1%
Don't need it	N/A	29.2%
Doctor hasn't requested annual exams	N/A	6.3%
Didn't know what steps to take to get health care	N/A	4.2%
Don't go to the doctor/don't like it	N/A	8.3%
Couldn't afford co-pay	N/A	2.1%
Unable to communicate due to language differences/barriers	N/A	1.0%
Other	15.6%	8.3%
Total Respondents	88	72
Total Responses	105	86

8. Has a doctor ever diagnosed you with asthma?

Response	2004	2007
Yes	16.5%	13.8%
No	83.5%	86.2%
Total	427	429

8a. Are you being treated for your asthma?

Response	2004	2007
Yes	61.6%	62.0%
No	38.4%	38.0%
Total	71	59

**8b. Has a doctor EVER given you an asthma management plan?**

Response	2004	2007
Yes	32.8%	27.8%
No	66.2%	69.6%
Don't know	1.0%	2.5%
Total	71	59

**8aa. Have any of your children been diagnosed with asthma?**

Response	2004	2007
Yes	24.9%	22.3%
No	75.1%	77.7%
Total	184	155

**8bb. Are your children being treated for their asthma?**

Response	2004	2007
Yes	72.2%	71.7%
No	27.8%	28.3%
Total	46	35

**8cc. Has a doctor ever given you an asthma management plan for your children?**

Response	2004	2007
Yes	52.5%	58.7%
No	44.1%	36.9%
Don't know	3.4%	4.4%
Total	46	35

**9. Has a doctor ever diagnosed you with diabetes or sugar diabetes?**

Response	2004	2007
Yes	11.0%	15.0%
No	89.0%	85.0%
Total	426	429

**9a. Are you receiving treatment for your diabetes?**

Response	2004	2007
Yes	79.0%	94.2%
No	21.0%	5.8%
Total	47	65

**9b. How old were you when a doctor first told you that you have diabetes?**

Response	2004	2007
Under 21 years	4.3%	2.5%
21 - 30 years	15.2%	13.6%
31 - 40 years	8.7%	16.0%
41 - 50 years	21.7%	16.0%
51 - 60 years	28.3%	28.4%
61 - 70 years	10.9%	18.6%
Over 71 years	10.9%	4.9%
Total	46	61

**9c. Has a doctor given you a management plan or instructions on how to treat your diabetes?**

Response	2004	2007
Yes	96.8%	84.9%
No	3.2%	15.1%
Total	47	65

**9aa. Has a doctor ever diagnosed any of your children with diabetes or sugar diabetes?**

Response	2004	2007
Yes	0.4%	1.9%
No	99.6%	98.1%
Total	184	156

**9bb. Are your children receiving treatment for their diabetes?**

Response	2004	2007
Yes	N/A	100.0%
Total	N/A	3

**9cc. How old were your children when they were first diagnosed with diabetes?**

Response	2004	2007
1 year old	N/A	100%
Total	N/A	2
Total Respondents	N/A	2
Total Responses	N/A	2

9dd. Has a doctor ever given you a management plan or instructions on how to treat your children’s diabetes?

Response	2004	2007
Yes	N/A	100%
Total	N/A	3

10. Would you say that in general, your mental health, which includes stress, depression, and problems with emotions is:

Response	2004	2007
Excellent	30.3%	27.8%
Very good	28.8%	31.0%
Good	26.5%	27.5%
Fair	10.7%	10.2%
Poor	3.7%	3.5%
Total	424	426

11. Have you needed mental health treatment such as counseling or other help in the last 12 months?

Response	2004	2007
Yes	8.0%	9.4%
No	92.0%	90.6%
Total	425	430

11a. Were you able to receive the mental health treatment you needed (counseling or other help)?

Response	2004	2007
Yes	77.7%	77.8%
No	22.3%	22.2%
Total	34	41

**11b. Why couldn't you receive it?**

<b>Response</b>	<b>2004</b>	<b>2007</b>
No insurance	29.4%	33.4%
Insurance would not cover it	20.6%	8.3%
Couldn't afford it	20.6%	16.7%
Transportation issues	9.8%	8.3%
Didn't know what steps to take to get health care	N/A	16.7%
Unable to understand the telephone instructions to make an appointment.	0.0%	16.7%
There were waiting lists	N/A	16.7%
Didn't know where to go	40.2%	8.3%
Lack of services or services unavailable	N/A	8.3%
Other	N/A	8.3%
Total Respondents	8	9
Total Responses	9	14

**12. How long has it been since you last visited a dentist, oral hygienist, or orthodontist?**

<b>Response</b>	<b>2004</b>	<b>2007</b>
Have never visited	0.7%	2.1%
1 to 6 months ago	56.7%	57.8%
7 to 12 months ago	14.2%	11.1%
More than one year, up to 2 years ago	15.1%	14.8%
More than 2 years, up to 5 years ago	7.8%	7.6%
More than 5 years ago	5.5%	6.7%
Total	429	427

**13. How do you get information about health care?**

Response	2004	2007
Doctor/nurse	72.5%	73.1%
Friends or family	38.6%	37.6%
Newspapers/magazines	35.5%	32.8%
TV or radio	32.9%	28.2%
Internet	30.0%	30.2%
Books	30.0%	27.4%
Child's school	14.0%	14.9%
Alternative Health Practitioner	11.0%	10.5%
Advertising: brochures/ mail/newsletters	6.0%	2.0%
Through work	2.8%	2.0%
Curandero/healer/shaman	2.0%	2.0%
Other	1.8%	0.6%
Through insurance/HMO/Medicare	N/A	2.0%
Total Respondents	429	408
Total Responses	1,189	1,073

**14. Sometimes you may walk for fun, relaxation, exercise, or to walk the dog. How many times during the last 7 days did you walk for at least 10 minutes for any of these reasons?**

Response	2004	2007
Never	27.3%	24.4%
1 time	7.6%	7.8%
2 times	12.5%	10.8%
3 times	12.5%	12.6%
4 times	7.5%	6.4%
5 times	5.5%	9.6%
6 times	1.4%	3.2%
7 times	21.3%	21.1%
Over 7 times	4.4%	4.3%
Total	412	424

**15. Do you now smoke cigarettes or use smokeless tobacco every day, some days, or not at all?**

Response	2004	2007
Every day	13.9%	11.6%
Some days	3.2%	4.9%
Not at all	82.9%	83.4%
Total	427	426



16. Considering all types of alcoholic beverages, during the past 30 days about how many times did you have more than 5 drinks on one occasion?

Response	2004	2007
Never	86.9%	87.5%
1 time	4.4%	4.4%
2 times	2.5%	2.1%
3 times	1.6%	1.8%
4 times	1.5%	0.7%
5 times	1.5%	1.6%
More than 5 times	1.7%	2.0%
Total	428	428

17. In any given month, do you find you or your family having to go without basic needs such as food, housing, child care, health care, or clothing?

Response	2004	2007
Yes	9.6%	6.3%
No	90.4%	93.7%
Total	428	429

17a. What do you go without?

Response	2004	2007
Food	53.9%	47.2%
Clothing	49.9%	27.8%
Varieties of food	46.3%	11.1%
Health care	45.9%	38.9%
Dental care	35.3%	19.4%
Rent/housing	29.9%	11.1%
Prescriptions	29.5%	19.4%
Child care	18.6%	11.1%
Other	9.2%	5.6%
Total Respondents	41	27
Total Responses	131	52

18a. How many times during the past 7 days have YOUR CHILDREN eaten fast food (McDonald's, Wendy's, Burger King, Taco Bell, Domino's Pizza, etc.)?

Response	2004	2007
Never	28.0%	32.0%
1 time	36.8%	36.9%
2 times	21.3%	16.5%
3 times	7.7%	8.2%
4 times	1.6%	2.4%
5 times	0.8%	1.9%
More than 5 times	3.7%	1.9%
Total	183	155

18b. How many times during the past 7 days have YOU eaten fast food (McDonald's, Wendy's, Burger King, Taco Bell, Domino's Pizza, etc.)?

Response	2004	2007
Never	41.0%	46.6%
1 time	27.2%	27.7%
2 times	15.7%	11.7%
3 times	7.3%	7.9%
4 times	4.0%	1.6%
5 times	2.4%	2.6%
7 times	2.1%	1.2%
10 times	0.4%	0.7%
Total	427	429

19. Body Mass Index in adults

Response	2004	2007
Low BMI (Less than 18.5)	N/A	1.4%
Normal BMI (18.5 -24.9)	N/A	33.5%
Overweight (BMI 25.0 -29.9)	N/A	39.2%
Obese (BMI 30.0 or more)	N/A	26.0%
Total		388

20. How old are you?

Response	2004	2007
Under 20 years	1.4%	2.5%
20 - 24 years	5.0%	5.8%
25 - 34 years	18.2%	11.8%
35 - 44 years	21.5%	14.1%
45 - 54 years	17.7%	19.6%
55 - 59 years	7.2%	8.0%
60 - 64 years	8.9%	8.0%
65 - 74 years	10.8%	15.9%
75 - 84 years	7.4%	10.5%
85 years and over	1.9%	3.8%
Total	418	414

21. Which of the following best describes your ethnic group?

Response	2004	2007
Caucasian	56.2%	61.5%
Hispanic/Latino	21.6%	24.5%
African American	4.6%	4.5%
Filipino	3.0%	3.4%
Pacific Islander	0.9%	0.8%
Asian	8.1%	4.1%
Native American/Alaskan Native	N/A	1.3%
Multi-ethnic	5.0%	0.0%
Other	0.5%	0.0%
Total	424	402

22. Which income range best describes your annual household income?

Response	2004	2007
Less than \$10,000	9.9%	6.4%
\$10,000 to \$19,999	14.0%	12.3%
\$20,000 to \$29,999	14.6%	15.8%
\$30,000 to \$39,999	13.1%	13.9%
\$40,000 to \$49,999	9.3%	8.7%
\$50,000 to \$59,999	8.3%	8.9%
\$60,000 to \$74,999	10.5%	7.1%
\$75,000 to \$99,999	8.4%	11.0%
\$100,000 to \$124,999	5.6%	4.2%
\$125,000 or more	5.2%	6.9%
Don't know	1.1%	4.8%
Total	398	390

23. How much of your total household take-home pay, that is income after taxes, goes to rent/housing costs? Is it...

Response	2004	2007
Less than 33%	50.9%	53.1%
Between 33% and 49%	29.2%	26.4%
Between 50% and 74%	15.3%	14.5%
75% or more	4.6%	5.9%
Total	371	341

24. How many people are in your household?

Response	2004	2007
1 person	14.0%	14.7%
2 persons	32.2%	39.4%
3 persons	14.9%	12.6%
4 persons	17.6%	17.6%
5 persons	12.7%	8.7%
6 persons	5.6%	4.6%
7 persons	1.8%	1.4%
8 or more	1.3%	1.1%
Total	423	423

25. What is the highest level of education you have completed?

Response	2004	2007
High school diploma or less	39.5%	43.9%
Some college, no degree	27.6%	26.8%
AA degree or higher	32.9%	29.3%
Total	422	426

26. What is your employment status?

Response	2004	2007
Employed full-time	43.8%	34.8%
Employed part -time	7.2%	9.5%
Unemployed	11.6%	8.3%
Retired	25.1%	32.8%
Student	1.1%	2.6%
Homemaker, parent or caregiver	7.8%	8.6%
Self-employed	3.4%	3.4%
Total	424	426

## 27. May I have your ZIP code?

Response	2004	2007
94336	0.0%	0.2%
94377	0.0%	0.4%
94586	0.0%	0.4%
95005	0.0%	0.2%
95124	0.0%	0.4%
95202	0.9%	0.4%
95203	2.9%	2.0%
95204	2.9%	3.9%
95205	5.5%	2.9%
95206	5.4%	5.2%
95207	7.7%	9.1%
95209	7.8%	5.0%
95210	5.4%	5.7%
95212	3.3%	3.0%
95215	3.1%	3.4%
95219	6.4%	3.0%
95220	1.5%	9.8%
95224	0.2%	0.0%
95226	0.2%	0.2%
95227	0.4%	2.0%
95231	0.0%	0.2%
95236	1.3%	2.6%
95237	0.5%	2.3%
95240	8.6%	4.6%
95241	0.0%	0.2%
95242	4.7%	3.4%
95243	0.0%	0.2%
95304	0.9%	0.4%
95320	3.8%	2.1%
95326	0.2%	0.0%
95330	1.1%	3.4%
95336	7.3%	4.6%
95337	5.3%	3.0%
95366	3.3%	2.6%
95376	5.6%	7.0%
95377	3.1%	3.9%
95391	0.0%	0.4%
95402	0.2%	0.0%
95632	0.2%	0.4%
95633	0.2%	0.0%
95663	0.2%	0.0%
95686	0.0%	0.9%

Response	2004	2007
95837	0.0%	0.2%
95876	0.2%	0.0%
Total	416	420

## 28. Which of the following areas do you live CLOSEST to?

Response	2004	2007
Stockton	47.7%	43.7%
Tracy	9.1%	12.1%
Manteca	14.0%	10.1%
Lodi	13.8%	8.2%
Ripon	3.5%	2.4%
Escalon	3.9%	1.4%
Lathrop	1.1%	2.3%
Woodbridge/ Acampo	1.2%	7.7%
Linden	2.3%	3.1%
Victor/Lockeford/Clements	2.7%	6.5%
Thornton	0.5%	0.9%
Mountain House	0.0%	0.7%
Other	0.0%	0.9%
Total	422	430

## 29. How long have you lived in the county?

Response	2004	2007
1 year or less	N/A	1.9%
1-5 years	N/A	12.6%
Over 5 years	N/A	85.4%
Total		428

## 30. Respondent Gender

Response	2004	2007
Male	50.0%	50.0%
Female	50.0%	50.0%
Total	429	431

## 31. Language survey was conducted in:

Response	2004	2007
English	N/A	88.3%
Spanish	N/A	11.7%
Total		431

# Appendix III: Face-to-Face Survey Results, 2007

## 1. Have you needed health care in the last 12 months?

Response	Frequency	Percent
Yes	1,464	73.8%
No	521	26.2%
Total	1,985	100.0%

### 1a. If you needed health care during the past 12 months, were you able to receive it?

Response	Frequency	Percent
Yes	1,008	71.1%
No	410	28.9%
Total	1,418	100.0%

### 1b. If No, why couldn't you receive it?

Response	Frequency	Percent
No insurance	283	69.0%
Couldn't afford it	139	33.9%
Didn't know where to go	67	16.3%
Insurance wouldn't cover it	57	13.9%
Didn't know what steps to take to get health care	57	13.9%
Couldn't afford Co-pay	53	12.9%
Transportation issues	47	11.5%
Changed employer/Lost job	38	9.3%
Unable to communicate due to language differences/barriers	35	8.5%
Unable to find doctor to accept insurance	34	8.3%
Unable to understand phone instructions to make an appointment	21	5.1%
Couldn't get a timely appointment	21	5.1%
Other	46	11.2%

Multiple response question with 410 respondents offering 898 responses.

1c. What type of health care did you go without?

Response	Frequency	Percent
Basic care (Routine care)	235	55.6%
Dental	206	48.7%
Preventive care/annual exams	118	27.9%
Specialist	77	18.2%
Mental Health (counseling or other help)	54	12.8%
Prenatal	40	9.5%
Alternative (homeopathic or acupuncture)	33	7.8%
Substance Abuse Treatment (drugs/alcohol)	26	6.1%
Other	69	16.3%

Multiple response question with 423 respondents offering 858 responses.

2. Do you have health insurance?

Response	Frequency	Percent
Yes	1,473	74.8%
No	497	25.2%
Total	1,970	100.0%

3a. Does your health insurance cover Prescriptions?

Response	Frequency	Percent
Yes	993	74.3%
No	270	20.2%
Don't know	73	5.5%
Total	1,336	100.0%

3b. Does your health insurance cover Treatment for substance abuse?

Response	Frequency	Percent
Yes	336	24.4%
No	640	46.5%
Don't know	399	29.0%
Total	1,375	100.0%

3c. Does your health insurance cover Preventive care / annual exams?

Response	Frequency	Percent
Yes	947	69.1%
No	293	21.4%
Don't know	130	9.5%
Total	1,370	100.0%



## 3d. Does your health insurance cover Long-term care?

Response	Frequency	Percent
Yes	291	21.8%
No	603	45.2%
Don't know	440	33.0%
Total	1,334	100.0%

## 3e. Does your health insurance cover Dental care?

Response	Frequency	Percent
Yes	856	60.9%
No	477	34.0%
Don't know	72	5.1%
Total	1,405	100.0%

## 4.1. If you have children under 18, do they have health insurance?

Response	Frequency	Percent
Yes	870	82.1%
No	190	17.9%
Total	1,060	100.0%

## 4.2. If you have children under 18, do they have dental insurance?

Response	Frequency	Percent
Yes	708	74.7%
No	240	25.3%
Total	948	100.0%

## 5. Do you travel out of San Joaquin County for health care?

Response	Frequency	Percent
Yes	242	12.7%
No	1,669	87.3%
Total	1,911	100.0%

**6. When you regularly need health care, where do you go?**

Response	Frequency	Percent
Medical Clinics/Medical Centers/ Community Health Centers	893	49.4%
Private doctor	731	40.4%
Emergency department/hospital	373	20.6%
Urgent care clinics/walk-in clinics	267	14.8%
Alternative (homeopathic or acupuncture)	43	2.4%
Other	106	5.9%

Multiple response question with 1,808 respondents offering 2,413 responses.

**6a. Do you use the emergency department for your main source of health care?**

Response	Frequency	Percent
Yes	453	24.4%
No	1,403	75.6%
Total	1,856	100.0%

**7. Have you needed mental health treatment (counseling or other help) in the last 12 months?**

Response	Frequency	Percent
Yes	263	13.2%
No	1,722	86.8%
Total	1,985	100.0%

**7a. If you needed mental health treatment (counseling or other help), were you able to receive it?**

Response	Frequency	Percent
Yes	165	62.7%
No	98	37.3%
Total	263	100.0%

**7b. If no, why couldn't you receive it?**

Response	Frequency	Percent
No insurance	65	66.3%
Couldn't afford it	25	25.5%
Transportation issues	23	23.5%
Didn't know where to go	23	23.5%
Lack of services/services unavailable	20	20.4%
Couldn't afford Co-pay	18	18.4%
Unable to communicate due to language differences/barriers	17	17.3%
Insurance wouldn't cover it	13	13.3%
Didn't know what steps to take to get health care	12	12.2%
Waiting list	9	9.2%
Unable to understand phone instructions to make an appointment	8	8.2%
Unable to find doctor to accept insurance	7	7.1%
Changed employer/lost job	7	7.1%
Other	5	5.1%

Multiple response question with 98 respondents offering 252 responses.

**8. How long has it been since you last visited a dentist, hygienist, or orthodontist?**

Response	Frequency	Percent
Have never visited	125	6.6%
1 to 6 months ago	648	34.1%
7 to 12 months ago	289	15.2%
More than one year, up to 2 years ago	324	17.1%
More than 2 years, up to 5 years ago	229	12.1%
More than 5 years ago	200	10.5%
Don't know	85	4.5%
Total	1,900	100.0%

9. Sometimes you may walk for fun, relaxation, exercise or to walk the dog. How many times, during the last 7 days, did you walk for at least 10 minutes for any of these reasons?

Response	Frequency	Percent
None	345	19.7%
1 time	97	5.6%
2 times	223	12.8%
3 times	276	15.8%
4 times	144	8.2%
5 times	204	11.7%
6 times	73	4.2%
7 times	242	13.9%
8 times	11	0.6%
9 times	4	0.2%
10 times	47	2.7%
11-20 times	50	2.9%
More than 20 times	31	1.8%
Total	1,747	100.0%

10. Do you now smoke cigarettes or use smokeless tobacco?

Response	Frequency	Percent
Every day	177	9.5%
Some days	137	7.4%
Not at all	1,547	83.1%
Total	1,861	100.0%

11. Considering all types of alcoholic beverages, during the past 30 days, about how many times did you have more than 5 drinks on one occasion?

Response	Frequency	Percent
None	1299	79.8%
1 time	104	6.4%
2 times	76	4.7%
3 times	45	2.8%
4 times	24	1.5%
5 times	21	1.3%
6 times	17	1.0%
7 times	12	0.7%
8 times	2	0.1%
9 times	1	0.1%
10 times	8	0.5%
More than 10 times	18	1.1%
Total	1,627	100.0%

12. How much of your total household take-home pay (income after taxes) goes to rent/housing costs?

Response	Frequency	Percent
Less than 33%	443	26.4%
Between 33% - 49%	377	22.5%
Between 50% - 74%	499	29.7%
75% or more	360	21.4%
Total	1679	100.0%

13. In any month, do you find you or your family having to go without basic needs such as food, child care, health care, or clothing?

Response	Frequency	Percent
Yes	686	34.6%
No	1,299	65.4%
Total	1,985	100.0%

13a. What do you go without?

Response	Frequency	Percent
Health care	332	49.1%
Clothing	305	45.1%
Dental care	277	41.0%
Food	253	37.4%
Varieties of food	235	34.8%
Prescriptions	167	24.7%
Rent/housing	139	20.6%
Child care	75	11.1%
Other	35	5.2%

Multiple response question with 676 respondents offering 1818 responses.

14. How do you get information about health care?

Response	Frequency	Percent
Doctor/nurse	1,011	55.6%
Friends or family	840	46.2%
TV or radio	426	23.4%
Newspapers/magazines	331	18.2%
Internet	312	17.2%
Books	230	12.7%
Child's school	180	9.9%
Alternative health practitioner	92	5.1%
Curandero/Healer/Shaman	20	1.1%
Other	188	10.3%

Multiple response question with 1,817 respondents offering 3630 responses.

**15. If you have children, how old are they?**

Response	Frequency	Percent
0 - 4 years old	529	38.3%
5 - 11 years old	522	37.7%
12 - 17 years old	409	29.6%
18 years old and over	511	36.9%

Multiple response question with 1,383 respondents offering 1971 responses.

**16. How many times during the past 7 days have your children eaten fast food?**

Response	Frequency	Percent
None	283	29.5%
1 time	259	27.0%
2 times	165	17.2%
3 times	84	8.8%
4 times	26	2.7%
5 times	14	1.5%
6 times	1	0.1%
7 times	14	1.5%
More than 7 times	3	0.3%
Don't know	109	11.4%
Total	958	100.0%

**16a. How many times during the past 7 days have you eaten fast food?**

Response	Frequency	Percent
None	589	35.8%
1 time	434	26.4%
2 times	310	18.8%
3 times	151	9.2%
4 times	54	3.3%
5 times	46	2.8%
6 times	14	0.9%
7 times	34	2.1%
More than 7 times	15	0.9%
Total	1,647	100.0%

## 17. Which of the following best describes your race / ethnicity?

Response	Frequency	Percent
Hispanic/Latino	1,017	54.2%
Caucasian	408	21.8%
African American	226	12.1%
Filipino	39	2.1%
Multi-ethnic	38	2.0%
Chinese	18	1.0%
Indian	17	0.9%
Native American/ Alaska Native	16	0.9%
Vietnamese	13	0.7%
Cambodian	10	0.5%
Hmong	9	0.5%
Pacific Islander	8	0.4%
Korean	6	0.3%
Arabic	4	0.2%
Japanese	2	0.1%
Filipino	1	0.1%
Lao/Khu Ma	1	0.1%
Asian, not specified	32	1.7%
Other, not specified	10	0.5%
Total	1,875	100.0%

## 18. Which income range best describes your annual household income?

Response	Frequency	Percent
Less than \$10,000	510	28.6%
\$10,000 to \$19,999	379	21.3%
\$20,000 to \$29,999	275	15.4%
\$30,000 to \$39,999	196	11.0%
\$40,000 to \$49,999	110	6.2%
\$50,000 to \$59,999	89	5.0%
\$60,000 to \$74,999	70	3.9%
\$75,000 to \$99,999	65	3.6%
\$100,000 to \$124,999	42	2.4%
\$125,000 or more	45	2.5%
Total	1,781	100.0%

**19. What is the highest level of education you have completed?**

Response	Frequency	Percent
High school diploma or less	987	54.9%
Some college, no degree	495	27.5%
AA degree or higher	316	17.6%
Total	1,798	100.0%

**20. Which of the following areas do you live closest to?**

Response	Frequency	Percent
Stockton	1,138	59.7%
Tracy	341	17.9%
Manteca	98	5.1%
Lodi	181	9.5%
Ripon	11	0.6%
Escalon	9	0.5%
Lathrop	50	2.6%
Woodbridge/Acampo	25	1.3%
Linden	8	0.4%
Victor/Lockeford/Clements	7	0.4%
Thornton	6	0.3%
Mountain House	17	0.9%
Other	15	0.8%
Total	1,906	100.0%

**21. How long have you lived in the county?**

Response	Frequency	Percent
1 year or less	144	7.9%
1-5 years	387	21.2%
Over 5 years	1,294	70.9%
Total	1,825	100.0%



## 22. What is your ZIP Code?

Response	Frequency	Percent
95201 - Stockton	4	0.2%
95202 - Stockton	25	1.4%
95203 - Stockton	47	2.6%
95204 - Stockton	84	4.7%
95205 - Stockton	172	9.6%
95206 - Stockton	254	14.2%
95207 - Stockton	143	8.0%
95208 - Stockton	1	0.1%
95209 - Stockton	86	4.8%
95210 - Stockton	150	8.4%
95211 - Stockton	10	0.6%
95212 - Stockton	43	2.4%
95215 - Stockton	63	3.5%
95219 - Stockton	50	2.8%
95220 - Acampo	18	1.0%
95231 - French Camp	28	1.6%
95236 - Linden	9	0.5%
95237 - Lockeford	2	0.1%
95240 - Lodi	126	7.1%
95241 - Lodi	2	0.1%
95242 - Lodi	27	1.5%
95253 - Victor	2	0.1%
95258 - Woodbridge	4	0.2%
95269 - Stockton	4	0.2%
95304 - Tracy, Banta	30	1.7%
95320 - Escalon	2	0.1%
95330 - Lathrop	33	1.8%
95336 - Manteca	47	2.6%
95337 - Manteca	27	1.5%
95366 - Ripon	3	0.2%
95376 - Tracy	218	12.2%
95377 - Tracy	58	3.2%
95378 - Tracy	2	0.1%
95391 - Tracy , Mountain house	11	0.6%
Total	1,785	100.0%

**23. Gender?**

<b>Response</b>	<b>Frequency</b>	<b>Percent</b>
Male	341	18.3%
Female	1,525	81.7%
Total	1,866	100.0%

**24. How old are you?**

<b>Response</b>	<b>Frequency</b>	<b>Percent</b>
Under 20 years	97	5.2%
20 - 24 years	458	24.4%
25 - 34 years	320	17.1%
35 - 44 years	90	4.8%
45 - 54 years	73	3.9%
55 - 59 years	214	11.4%
60 - 64 years	361	19.2%
65 - 74 years	151	8.0%
75 - 84 years	95	5.1%
85 years and over	17	0.9%
Total	1,876	100.0%

# Appendix IV: Face-to-Face Survey Results Comparisons - 2004, 2007

## 1. Have you needed health care in the last 12 months?

Response	2004	2007
Yes	70.1%	73.8%
No	29.9%	26.2%
Total	2,027	1,985

### 1a. If you needed health care during the past 12 months, were you able to receive it?

Response	2004	2007
Yes	72.0%	71.1%
No	28.0%	28.9%
Total	1,420	1,418

### 1b. If No, why couldn't you receive it?

Response	2004	2007
No insurance	52.8%	69.0%
Couldn't afford it	30.8%	33.9%
Didn't know where to go	17.9%	16.3%
Transportation issues	16.8%	11.5%
Unable to communicate due to language differences/barriers	16.6%	8.5%
Insurance wouldn't cover it	15.8%	13.9%
Unable to understand phone instructions to make an appointment	11.4%	5.1%
Changed employer/Lost job	10.1%	9.3%
Unable to find doctor to accept insurance	6.2%	8.3%
Didn't know what steps to take to get health care	N/A	13.9%
Couldn't afford Co-pay	N/A	12.9%
Couldn't get a timely appointment	N/A	5.1%
Other	24.4%	11.2%
Total Cases	386	410
Total Responses	783	898

1c. What type of health care did you go without?

Response	2004	2007
Basic care (Routine care)	59.6%	55.6%
Preventive care/annual exams	25.1%	27.9%
Specialist	19.5%	18.2%
Mental Health (counseling or other help)	11.1%	12.8%
Alternative (homeopathic or acupuncture)	9.2%	7.8%
Prenatal	N/A	9.5%
Dental	N/A	48.7%
Substance Abuse Treatment (drugs/alcohol)	N/A	6.1%
Other	34.0%	16.3%
Total Cases	379	423
Total Responses	601	858

2. Do you have health insurance?

Response	2004	2007
Yes	79.6%	74.8%
No	20.4%	25.2%
Total	2,001	1,970

3a. Does your health insurance cover Prescriptions?

Response	2004	2007
Yes	83.0%	74.3%
No	11.7%	20.2%
Don't know	5.3%	5.5%
Total	1,516	1,336

3b. Does your health insurance cover Treatment for substance abuse?

Response	2004	2007
Yes	31.0%	24.4%
No	39.7%	46.5%
Don't know	29.3%	29.0%
Total	1,547	1,375

3c. Does your health insurance cover Preventive care / annual exams?

Response	2004	2007
Yes	73.7%	69.1%
No	16.7%	21.4%
Don't know	9.6%	9.5%
Total	1,493	1,370

3d. Does your health insurance cover Long-term care?

Response	2004	2007
Yes	25.4%	21.8%
No	47.4%	45.2%
Don't know	27.2%	33.0%
Total	1,547	1,334

3e. Does your health insurance cover Dental care?

Response	2004	2007
Yes	71.3%	60.9%
No	24.4%	34.0%
Don't know	4.4%	5.1%
Total	1,535	1,405

4.1. If you have children under 18, do they have Health insurance?

Response	2004	2007
Yes	84.8%	82.1%
No	15.2%	17.9%
Total	1,287	1,060

4.2. If you have children under 18, do they have dental insurance?

Response	2004	2007
Yes	75.9%	74.7%
No	24.1%	25.3%
Total	1,242	948

5. Do you travel out of San Joaquin County for health care?

Response	2004	2007
Yes	N/A	12.7%
No	N/A	87.3%
Total		1,911

**6. When you regularly need health care, where do you go?**

Response	2004	2007
Private doctor	54.1%	40.4%
Medical Clinics/Medical Centers / Community Health Centers	41.8%	49.4%
Emergency department/hospital	27.0%	20.6%
Urgent care clinics/walk-in clinics	18.2%	14.8%
Alternative (homeopathic or acupuncture)	3.5%	2.4%
Other	8.6%	5.9%
Total Cases	1,937	1,808
Total Responses	2,968	2,413

**6a. Do you use the emergency department for your main source of health care?**

Response	2004	2007
Yes	27.8%	24.4%
No	72.2%	75.6%
Total	1,843	1,856

**7. Have you needed mental health treatment (counseling or other help) in the last 12 months?**

Response	2004	2007
Yes	13.3%	13.2%
No	86.7%	86.8%
Total	2,033	1,985

**7a. If you needed mental health treatment (counseling or other help), were you able to receive it?**

Response	2004	2007
Yes	63.7%	62.7%
No	36.3%	37.3%
Total	270	263

**7b. If no, why couldn't you receive it?**

<b>Response</b>	<b>2004</b>	<b>2007</b>
No insurance	43.9%	66.3%
Couldn't afford it	33.7%	25.5%
Didn't know where to go	25.5%	23.5%
Transportation issues	21.4%	23.5%
Unable to communicate due to language differences/barriers	14.3%	17.3%
Insurance wouldn't cover it	13.3%	13.3%
Unable to find doctor to accept insurance	11.2%	7.1%
Unable to understand phone instructions to make an appointment	9.2%	8.2%
Waiting list	9.2%	9.2%
Didn't know what steps to take to get health care	N/A	12.2%
Changed employer/Lost job	N/A	7.1%
Couldn't afford Co-pay	N/A	18.4%
Lack of services/services unavailable	N/A	20.4%
Other	19.4%	5.1%
Total Cases	98	98
Total Responses	197	252

**8. How long has it been since you last visited a dentist, hygienist, or orthodontist?**

<b>Response</b>	<b>2004</b>	<b>2007</b>
Have never visited	5.3%	6.6%
1 to 6 months ago	42.3%	34.1%
7 to 12 months ago	17.8%	15.2%
More than one year, up to 2 years ago	16.3%	17.1%
More than 2 years, up to 5 years ago	7.4%	12.1%
More than 5 years ago	6.3%	10.5%
Don't know	4.6%	4.5%
Total	1,978	1,900

9. Sometimes you may walk for fun, relaxation, exercise or to walk the dog. How many times, during the last 7 days, did you walk for at least 10 minutes for any of these reasons?

Response	2004	2007
None	20.7%	19.7%
1 time	6.8%	5.6%
2 times	14.5%	12.8%
3 times	14.6%	15.8%
4 times	8.1%	8.2%
5 times	10.3%	11.7%
6 times	2.8%	4.2%
7 times	10.3%	13.9%
8 times	1.1%	0.6%
9 times	0.3%	0.2%
10 times	4.1%	2.7%
11-20 times	4.6%	2.9%
More than 20 times	1.8%	1.8%
Total	1,840	1,747

10. Do you now smoke cigarettes or use smokeless tobacco?

Response	2004	2007
Every day	13.4%	9.5%
Some days	6.9%	7.4%
Not at all	79.7%	83.1%
Total	1,944	1,861

11. Considering all types of alcoholic beverages, during the past 30 days, about how many times did you have more than 5 drinks on one occasion?

Response	2004	2007
None	80.6%	79.8%
1 time	5.6%	6.4%
2 times	4.5%	4.7%
3 times	1.9%	2.8%
4 times	1.3%	1.5%
5 times	1.4%	1.3%
6 times	1.0%	1.0%
7 times	0.7%	0.7%
8 times	0.7%	0.1%
9 times	0.4%	0.1%
10 times	0.7%	0.5%
More than 10 times	1.3%	1.1%
Total	1,824	1,627



12. How much of your total household take-home pay (income after taxes) goes to rent/housing costs?

Response	2004	2007
Less than 33%	34.2%	26.4%
Between 33% - 49%	29.2%	22.5%
Between 50% - 74%	22.2%	29.7%
75% or more	14.5%	21.4%
Total	1,841	1,679

13. In any month, do you find you or your family having to go without basic needs such as food, child care, health care, or clothing?

Response	2004	2007
Yes	31.3%	34.6%
No	68.7%	65.4%
Total	1,960	1,985

13a. What do you go without?

Response	2004	2007
Clothing	49.7%	45.1%
Health care	36.3%	49.1%
Food	33.1%	37.4%
Varieties of food	31.6%	34.8%
Dental care	30.6%	41.0%
Rent/housing	21.3%	20.6%
Prescriptions	17.4%	24.7%
Child care	11.7%	11.1%
Other	21.5%	5.2%
Total Cases	614	676
Total Responses	1,555	1,818

**14. How do you get information about health care?**

Response	2004	2007
Doctor/Nurse	59.6%	55.6%
Friends or family	43.9%	46.2%
TV or radio	23.2%	23.4%
Newspapers/magazines	20.8%	18.2%
Internet	16.8%	17.2%
Child's school	16.1%	9.9%
Books	13.5%	12.7%
Alternative Health Practitioner	7.6%	5.1%
Curandero/Healer/Shaman	0.6%	1.1%
Other	13.7%	10.3%
Total Cases	1,897	1,817
Total Responses	4,093	3,630

**15. If you have children, how old are they?**

Response	2004	2007
0 - 4 years old	48.8%	38.3%
5 - 11 years old	48.1%	37.7%
12 - 17 years old	27.1%	29.6%
18 years old and over	26.5%	36.9%
Total Cases	1,599	1,383
Total Responses	2,406	1,971

**16. How many times during the past 7 days have your children eaten fast food?**

Response	2004	2007
None	25.7%	29.5%
1 time	30.0%	27.0%
2 times	20.3%	17.2%
3 times	6.2%	8.8%
4 times	3.4%	2.7%
5 times	2.0%	1.5%
6 times	1.6%	0.1%
7 times	1.1%	1.5%
More than 7 times	1.6%	0.3%
Don't know	8.1%	11.4%
Total	1,279	958

**16a. How many times during the past 7 days have you eaten fast food?**

Response	2004	2007
None	34.0%	35.8%
1 time	25.9%	26.4%
2 times	19.5%	18.8%
3 times	8.8%	9.2%
4 times	3.7%	3.3%
5 times	3.3%	2.8%
6 times	1.0%	0.9%
7 times	1.1%	2.1%
More than 7 times	2.7%	0.9%
Total	1,854	1,647

**17. Which of the following best describes your race / ethnicity?**

Response	2004	2007
Caucasian	26.3%	21.5%
Hispanic/Latino	39.1%	54.0%
Native American/Alaska Native	1.4%	0.9%
African American	8.7%	12.1%
Filipino	2.2%	2.1%
Pacific Islander	0.6%	0.4%
Asian	16.8%	5.8%
Multi-ethnic	2.9%	1.9%
Other	2.0%	1.3%
Total	1,985	1,875

**18. Which income range best describes your annual household income?**

Response	2004	2007
Less than \$10,000	33.5%	28.6%
\$10,000 to \$19,999	20.5%	21.3%
\$20,000 to \$29,999	16.0%	15.4%
\$30,000 to \$39,999	7.4%	11.0%
\$40,000 to \$49,999	5.6%	6.2%
\$50,000 to \$59,999	3.8%	5.0%
\$60,000 to \$74,999	4.7%	3.9%
\$75,000 to \$99,999	3.7%	3.6%
\$100,000 to \$124,999	2.6%	2.4%
\$125,000 or more	2.0%	2.5%
Total	1,921	1,781

**19. What is the highest level of education you have completed?**

Response	2004	2007
High school diploma or less	55.4%	54.9%
Some college, no degree	27.2%	27.5%
AA degree or higher	17.3%	17.6%
Total	1,854	1,798

**20. Which of the following areas do you live closest to?**

Response	2004	2007
Stockton	78.0%	59.7%
Tracy	3.1%	17.9%
Manteca	9.0%	5.1%
Lodi	4.5%	9.5%
Ripon	1.3%	0.6%
Escalon	0.3%	0.5%
Lathrop	2.1%	2.6%
Woodbridge/Acampo	0.5%	1.3%
Linden	0.3%	0.4%
Victor/Lockeford/Clements	0.4%	0.4%
Thornton	0.0%	0.3%
Mountain House	0.0%	0.9%
Other	0.3%	0.8%
Total	2,011	1,906

**21. How long have you lived in the county?**

Response	2004	2007
1 year or less	N/A	7.9%
1-5 years	N/A	21.2%
Over 5 years	N/A	70.9%
Total		1,825

## 22. What is your ZIP Code?

Response	2004	2007
95201 - Stockton	0.3%	0.2%
95202 - Stockton	8.4%	1.4%
95203 - Stockton	5.7%	2.6%
95204 - Stockton	15.1%	4.7%
95205 - Stockton	11.6%	9.6%
95206 - Stockton	10.7%	14.2%
95207 - Stockton	8.3%	8.0%
95208 - Stockton	0.1%	0.1%
95209 - Stockton	4.3%	4.8%
95210 - Stockton	6.4%	8.4%
95211 - Stockton	0.2%	0.6%
95212 - Stockton	1.0%	2.4%
95213 - Stockton	0.1%	0.0%
95215 - Stockton	4.0%	3.5%
95219 - Stockton	0.9%	2.8%
95220 - Acampo	0.4%	1.0%
95231 - French Camp	0.5%	1.6%
95236 - Linden	0.4%	0.5%
95237 - Lockeford	0.3%	0.1%
95240 - Lodi	3.0%	7.1%
95241 - Lodi	0.2%	0.1%
95242 - Lodi	1.5%	1.5%
95253 - Victor	0.2%	0.1%
95258 - Woodbridge	0.2%	0.2%
95269 - Stockton	0.0%	0.2%
95304 - Tracy, Banta	0.5%	1.7%
95320 - Escalon	0.3%	0.1%
95330 - Lathrop	2.2%	1.8%
95336 - Manteca	6.1%	2.6%
95337 - Manteca	3.1%	1.5%
95366 - Ripon	1.4%	0.2%
95376 - Tracy	2.0%	12.2%
95377 - Tracy	0.5%	3.2%
95378 - Tracy	0.1%	0.1%
95391 - Tracy , Mountain house	0.1%	0.6%
95686 - Thornton	0.1%	0.0%
Total	1,954	1,785

**23. Gender**

<b>Response</b>	<b>2004</b>	<b>2007</b>
Male	23.0%	18.3%
Female	77.0%	81.7%
Total	1,918	1,866

**24. How old are you?**

	<b>2004</b>	<b>2007</b>
Under 20 years	N/A	5.2%
20 - 24 years	N/A	24.4%
25 - 34 years	N/A	17.1%
35 - 44 years	N/A	4.8%
45 - 54 years	N/A	3.9%
55 - 59 years	N/A	11.4%
60 - 64 years	N/A	19.2%
65 - 74 years	N/A	8.0%
75 - 84 years	N/A	5.1%
85 years and over	N/A	0.9%
Total		1,876

# Appendix V: Telephone Survey Results - Adult Asthma by ZIP Code, 2007

## 1. Adult Respondents Who Have Been Diagnosed With Asthma by ZIP Code

ZIP Code	Frequency	Percent
95203	3	4.8%
95204	4	6.3%
95205	1	1.6%
95206	4	6.3%
95207	7	11.1%
95209	3	4.8%
95210	2	3.2%
95212	1	1.6%
95215	6	9.5%
95220	3	4.8%
95227	1	1.6%
95236	1	1.6%
95237	1	1.6%
95240	3	4.8%
95242	2	3.2%
95304	2	3.2%
95320	2	3.2%
95330	3	4.8%
95336	6	9.5%
95337	1	1.6%
95366	1	1.6%
95376	6	9.5%

Note: Data should be used with caution as the number of occurrences for some ZIP codes is quite small.

Source: Healthier San Joaquin County Community Assessment, Telephone Survey, 2007.